

Trauma Informed Care and Self-Care with an Ethical Focus

FEATURING:

- 6 ETHICS CE Hours in a renewal year for many!
- An overview of trauma informed care AND self-care with an ethics focus

Friday, April 24, 2020

8:00 – 8:30 am:

Registration & Networking

8:30 - 4:00 pm: Presentations

See back page for detailed agenda



The Shepherd Center

7th Floor Auditorium

2020 Peachtree Road

Atlanta, GA

A light lunch will be provided

\$89 Early Registration;

\$109 Regular Registration

*Space is limited. Please register online at
www.ceucreationsinc.com*

CEU Creations in collaboration with the
GA Society for Clinical Social Work (GSCSW)
proudly presents:



Creative. Educational. Unique.



Continuing Education Event,
Lunch & 6 Ethics Hours

6 Credit Hours Approved For:

- Social Work (GSCSW - 6 Ethics CE Hours)
- Case Managers (CCMC - 6 Ethics Hours)
- RN (CA Board of Registered Nursing - 6 Clock Hours)
- LPC (NBCC – 6 Ethics Hours)



*Attendance or applied credit certificate available for other
credentials.*

Presenters:

**Asha Dickerson, PhD, LPC,
NCC, CPCS**

Jamie Lackey, LCSW

**This Event is Generously
Sponsored By:**



An estimated 70% of adults in the US have experienced some type of traumatic event in his/her life and many times these traumatic events occur in childhood. According to the CDC, “*Childhood experiences, both positive and negative, have a tremendous impact on future violence victimization and perpetration, and lifelong health and opportunity. As such, early experiences are an important public health issue*”. Helping professionals are not immune to adverse childhood experiences, facing complicated and stressful work environments. Working with vulnerable populations can compound stressors felt in our personal lives. In order to maintain a healthy work-life balance and ensure ethical practice, setting boundaries and participating in self-care can prevent our professional lives from seeping into our personal lives. Each individual self-care plan may look slightly different - depending on the individual needs of the professional - but there are numerous options for incorporating self-care into your everyday actions. Using a variety of learning approaches, this unique training will take a closer look at Trauma Informed Care – providing an overview, definitions, and the ethical standards that apply. In addition, participants will also learn how to define appropriate professional boundaries, understand the ethical implications of stress and burnout, set goals for self-care, and incorporate the practice of self-care into our everyday lives.

Agenda:

- 8:00 – 8:30 am: Registration and Welcome
- 8:30 – 10:30 am: Trauma Informed Care and Ethics (Part 1)
- 10:30 – 10:45 am: Break
- 10:45 – 11:45 am: Trauma Informed Care and Ethics (Part 2)
- 11:45am -12:30 pm: Lunch
- 12:30-1:30 pm: Trauma Informed Care and Ethics (Part 3)
- 1:30-1:45 pm: Break
- 1:45 – 4:00 pm: The Ethics of Self Care

By attending our workshop, you will be able to:

1. State the definition of Trauma Informed Care and ACEs.
2. Identify at least 3 ethical standards (for social work, nursing, case manager and counselors) that correlate with the public health issue of Trauma and Trauma Informed Care.
3. Name 2 of the 6 Principles of a Trauma Informed Approach.
4. Participate in several discussions with case scenarios around Trauma Informed Care and identify best practices.
5. State the difference between burnout, compassion fatigue and vicarious trauma and discuss ways to combat them.
6. Identify three potential self-care strategies.

SOCIAL WORKERS: The Georgia Society for Clinical Social Work is providing the continuing education hours for this activity.

In order to receive credit, you must attend the entire presentation and complete an evaluation. Certificates will be provided on-site or within 5 business days. Target audience: Social workers, case managers, discharge planners, nurses and other healthcare professionals –beginning to intermediate level of learning.

NURSES: 6 Contact Hours -CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

LPC's: CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

Cancellation Policy: Registrants must cancel through Patty Tucker only via email at patty@ceucorationsinc.com (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date

For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Anne McSweeney at info@ceucorationsinc.com or 770-880-9873.

Speaker Information:



Asha Dickerson, PhD, LPC, NCC, CPCS

Dr. Asha Dickerson is an Atlanta based educator of counselors, social workers, human service professionals, addictions specialists, and other helping professionals. She is a National Certified Counselor, Licensed Professional Counselor, and Certified Professional Counselor Supervisor. Dr. Dickerson is a native of Montgomery, Alabama and alumna of the University of Alabama at Birmingham having graduated with bachelor's degrees in Psychology and History and a master's degree in Community/Agency Counseling. She received a doctoral degree from Auburn University.

Clinical and academic specialties include social and cultural diversity, addictions, and blended family issues. Her goal is to educate, encourage, and enrich the lives of her clients, students, employees, and the community through her commitment to advocacy, mental health, family wellness, and leadership.



Jamie Lackey, LCSW

Jamie is a social worker, leader and entrepreneur. She is a graduate of the University of Georgia where she earned her Master of Social Work degree (Go Dawgs!)

Since earning her degree, Jamie has helped lead and direct programs at several agencies including the National MS Society – GA chapter, Eastside Medical Center, and Catholic Charities of Atlanta.

In 2014, Jamie founded Helping Mamas and is the current CEO of the non-profit. The goal of the organization is to help mothers and children living in poverty in Georgia. The company distributes baby items – diapers and clothes – to those in need.

In 2015, Helping Mamas won the United Way of Greater Atlanta's Spark Prize for unique approach to battling poverty. And in 2016, they helped over 4,000 children by distributing over 200,000 baby items to mothers and their children.