

# Crafts and Credits: Understanding Ethics and Self-Care

## FEATURING:

### Take Home/DIY Craft Included:

Design a custom wooden sign!  
Wooden boards, brushes, templates,  
and distressing supplies will be  
provided!

### 1 ETHICS, CE Hour!



**Thursday, June 6, 2019**

**4:45-5:30 pm:**

Registration, Networking,  
Complimentary Dinner & Wine

**5:30-6:30 pm:** CE Presentation

**6:30-8:00 pm:** Self-Care Activity -  
DIY craft

*Space is limited.*


*Please register online at*  
[www.ceucreationsinc.com](http://www.ceucreationsinc.com)

*Event is complimentary!*



## Complimentary Continuing Education Event, Dinner & Craft

**1 Credit Hour Approved For:**

- Social Work (NASW TN and ASWB – 1 Ethics or Clinical/Core Hour)
- Case Managers (CCM-1 Ethics Hour)
- RN ( CA Board of Registered Nursing – 1 contact hour)
- LPC (Ethics: 1 NBCC Hour) 
- Attendance or applied credit certificate available for other credentials.

**Presented By:**

**Jamie Lackey, LCSW,**  
*CEO of the non-profit, Helping Mamas*

**Event location AND  
our generous  
sponsor:**



**Deane Hill Place**  
Senior Living

401 Catherine McAuley Way  
Knoxville, TN 37919

**Helping professionals face complicated and stressful work environments.** Working with vulnerable populations can compound stressors felt in our personal lives. In order to maintain a healthy work-life balance and ensure ethical practice, setting boundaries and participating in self-care can prevent our professional lives from seeping into our personal lives. Each individual self-care plan may look slightly different - depending on the individual needs of the professional - but there are numerous options for incorporating self-care into your everyday actions. In this refreshing discussion by Jamie Lackey, LCSW, participants will learn how to define appropriate professional boundaries, set goals for self-care, and incorporate the practice of self-care into our everyday lives. Participants will leave this presentation invigorated and with a better understanding of how to balance their work and professional spheres while maintaining (and increasing) overall wellness.

## Agenda:

**4:45-5:30 pm:** Registration, Complimentary Dinner & Wine

**5:30-6:30 pm:** CE Presentation

**6:30-8:00 pm:** Self-Care Activity: DIY/Take-Home Craft

## By attending our workshop, you will be able to:

1. Describe how stress can affect professional practice and ethics.
2. Reiterate the NASW Impairment Standard and its application to professional boundaries and self-care.
3. Identify three potential self-care strategies.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CEU Creations maintains responsibility for this course. ACE provider approval period: [11/22/18-11/22/21]. Social workers completing this course receive 1 Social Work ETHICS ( or 1 Core/Clinical) continuing education credits.

In order to receive credit, you must attend the entire presentation and complete an evaluation. Certificates will be provided on-site. Target audience: Social workers, case managers, discharge planners, nurses and other healthcare professionals –beginning to intermediate level of learning.

**NURSES:** 1 Contact Hour -CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.