

Creative Therapeutic Interventions for Positive Change with Kids and Adults with Ethical Perspectives on Self-Care Included

FEATURING:

- An interactive and experiential workshop
- Learn new creative modalities to incorporate into your practice

**Friday
April 17, 2020**

8:00 – 8:30 am: Registration & Networking

8:30 – 2:45 pm: Presentations
See back page for detailed agenda

Peachford Hospital Peachford Conference Center

2151 Peachford Road
Atlanta, GA 30338

A light lunch will be provided.

**\$79.99 Early Registration;
\$99.99 Regular Registration
(includes lunch and 5 CE hours!)**

*Space is limited. Please register online
at www.ceucreationsinc.com.*



Creative. Educational. Unique.

Continuing Education Event, Lunch & 5 CE Credits

5 CE Credits Approved For:

- Social Work (ASWB ACE – 2 Ethics and 3 General CE Credits)
- Case Managers (CCMC – 5 Clock Hours)
- RN (CA Board of Registered Nursing – 5 Contact Hours)
- LPC (Core: 5 NBCC Hours)



- Attendance or applied credit certificate available for other credentials.

**A FUN DAY OF EXPERIENTIAL LEARNING WITH
“MAKE & TAKE” PROJECTS!**



Presenter:

**Janet Burr, MS, LPC, CPCS,
Grace Counseling**
For full bio – please see page 3

**This Event is Generously
Sponsored By:**



Creative Therapeutic Interventions for Positive Change with Kids and Adults

with Ethical Perspectives on Self-Care Included

This experiential workshop will review the history and main concepts of Positive Psychology, highlighting the foundation for using a strength-based approach and creative arts to promote positive change in the therapeutic process. Positive Psychology Interventions (PPIs) will be taught and demonstrated. Participants will learn how to incorporate these PPIs and use expressive therapy in their practice to elevate their client's experience in therapy. Participants will have the opportunity to engage in expressive art activities through hands-on, experiential learning. Interventions for children, adults, groups and couples will be covered. In addition, the ethics of self-care as a health-care provider will be discussed and practiced through creative activities. This is an interactive workshop and is perfect for the clinician wanting to incorporate new, more creative modalities of treatment.

Agenda:

8:00 – 8:30am:	Registration, and Networking
8:30 – 11:45am:	Session 1 - Janet Burr, MS, LPC, CPCS
11:45 am – 12:30pm:	Lunch
12:30 - 2:45pm:	Session 2 - Janet Burr, MS, LPC, CPCS

By attending our workshop, you will be able to:

1. Review the main concepts of Positive Psychology;
2. Review the efficacy of expressive therapy with children and adults;
3. Develop an understanding of how to incorporate expressive therapy into sessions with children and adults;
4. Learn and practice specific creative interventions for a variety of clients and diagnoses including anxiety, depression, grief, ADHD, and more;
5. Identify at least 2 ethical standards in social work, case manager, nursing and counseling which mandates self-care as an ethical principle and ways to maintain this during times of compassion fatigue, stress and burnout.

SOCIAL WORKERS: CEU Creations, #1239, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CEU Creations maintains responsibility for this course. ACE provider approval period: [11/22/18-11/22/21]. Social workers completing this course receive 3 Clinical and 2 Ethics continuing education credits.

In order to receive credit, you must attend the entire presentation and complete an evaluation. Certificates will be provided on-site within 5 business days. Target audience: Social workers, case managers, discharge planners, nurses and other healthcare professionals – beginning to intermediate level of learning. *The GA Board governing social work CE's accepts ACE Programs.*

NURSES: 5 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

LPC's: Core: 5 NBCC hrs - CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

Cancellation Policy: Registrants must cancel through Steve McSweeney only via email or phone at patty@ceuc creationsinc.com or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date

All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits. For more information on the course, accommodations for disability, grievances, or any other concerns,

please contact CEU Creations via Anne McSweeney at info@ceuc creationsinc.com or 770-880-9873.

Speaker Information:



Janet Burr, MS, LPC, CPCS is therapist/owner at Grace Counseling in Kennesaw, GA, a clinical supervisor, and former psychology professor at Kennesaw State University. Janet works with children, adults, and couples who are experiencing anxiety, depression, significant life change, behavior issues, social and academic struggles, and grief . She also works to support parents whose children are struggling. Janet's practice is centered on the principles of Positive Psychology, which focuses on what is right with a person rather than what is wrong with them. Janet uses encouragement and positive regard, along with creative therapeutic techniques, to foster autonomy, confidence, and self-worth. She also uses expressive therapy to create a fun and dynamic experience, providing healing through the use of imagination and expression. Janet believes that hope and joy are catalysts for change.