

The Ethics of Self-Care

FEATURING:

- 1 Ethics Hour!
- Out-of-the box ethics workshop

**Wednesday,
December 19, 2018**

11:15 – 11:30 am:

Registration, Networking, &
Lunch Pick Up

11:30-12:30 pm: Presentation

12:30 pm: Evaluations and
Adjourn

**Northside Hospital
Classroom B**

980 Johnson Ferry Road, Atlanta,
GA 30342

*Space is limited.
Please RSVP to
www.ceucreationsinc.com*



Complimentary Continuing Education Event and Lunch

1 Credit Hour Approved For:

- Social Work (ASWB – 1 Core/Clinical Hour)
- Case Managers (CCM-1 Clock Hours)
- RN (CA Board of Registered Nursing – 1 contact hours)
- Attendance or applied credit certificate available for other credentials.

Presented By:

Jenny Buckley, RN

**This Event is Generously
Sponsored By:**



PLEASE NOTE: THESE CEU CREDITS WILL NOT BE INCLUDED ON CEU CREATIONS' ON-LINE PORTAL. YOU MUST KEEP THE CERTIFICATE FOR THIS CEU EVENT FOR YOUR RECORDS.

Why is self-care so important? And who could imagine that you could be unethical for not practicing self-care? As helping professionals, we inform our clients/patients of the importance of self-care, while many of us are over-worked and under-performing due to compassion fatigue or burnout. Our presenter, Jenny Buckley, Hospice nurse and blogger will guide attendees through self-care practices, ethical codes pertaining to self-care and the importance of self-care as a pre-requisite for adequate patient/client care. Jenny's approach is simple yet effective, as she breaks down practical methods to incorporate self-care into your work. Attendees will leave with a take-away that will keep you encouraged all throughout the year!

Agenda:

11:15 – 11:30: Registration, Complimentary Lunch, & Welcome

11:30-12:30: Presentations

12:30: Evaluations and Adjourn

By attending our workshop, you will be able to:

1. Discuss the paradox of self-care for helping professionals
2. Discuss ethical codes pertaining to self care for SWs and RNs
3. Determine the importance of self care as a pre-requisite for adequate patient care
4. Identify Self Care practices for helping professionals

SOCIAL WORKERS: This organization (CEU Creations provider #1239) is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org through the Approved Continuing Education (ACE) Program. CEU Creations maintains responsibility for the program. ASWB Approval Period: 11/22/18 –11/22/21. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive 1 Social Work Clinical/Core continuing education clock hour. In order to receive credit, you must attend the entire presentation and complete an evaluation. Certificates will be provided on-site. Target audience: Social workers, case managers, discharge planners, nurses and other healthcare professionals –beginning to intermediate level of learning.
The GA Board governing social work CE's accepts ACE Programs.

NURSES: 1 Contact Hour - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.
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