



# The Ethics of Tele Mental Health

## The New Era of Technology-Assisted Media

### FEATURING:

- **Tele Mental Health CE Hours with one of the most popular and dynamic TeleMental Health presenters!**
- **Tools for your toolkit around HIPAA, TeleMental Health, Electronic Protected Health Information and much more!**

**Friday, October 11, 2019**

**8:30 – 9:00 am:**

Registration & Networking

**9:00 - 4:30 pm:** Presentations

*See back page for detailed agenda*

**Gwinnett Tech (Alpharetta Campus)**

Room 110

2875 Old Milton Parkway

Alpharetta, GA, 30009

*A light lunch will be provided*

**\$125 Early Registration;  
\$145 Regular Registration**

*Space is limited. Please register online  
at [www.ceucreationsinc.com](http://www.ceucreationsinc.com).*

## Continuing Education Event, Lunch & 6 TeleMental Health Hours

### 6 Credit Hours Approved For:

- Social Work (ASWB – ACE - 6 Ethics Hours)
- Case Managers (CCMC - 6 Ethics Hours)
- RN (CA Board of Registered Nursing - 6 Clock Hours)
- LPC (NBCC – 6 Ethics/ TeleMental Hours)
- *Attendance or applied credit certificate available for other credentials.*



*Note: This course satisfies the Georgia  
Licensure Board TeleMental Hours  
requirement (6 hrs)*

### Presenter:

**Becky Beaton, Ph.D**

*Founder and Clinical Director of The  
Anxiety and Stress Management  
Institute*

The use of “technology-assisted media” in the delivery of mental health services (or TeleMental Health) has generated a lot of confusion and controversy. First of all, many therapists are confused about what even constitutes TeleMental Health, which is much more far-reaching than many people realized. Basically, if a device requires electricity and you’re using it to deliver mental health care, you’re practicing TeleMental Health. This includes, phones (voice and texts), computers & tablets (email, billing, or storage of files), fax machines, the Internet (cloud storage of records, billing transactions, video-conferencing, or even recommending apps and websites to clients). There are also a multitude of ethical issues and requirements related to each of these options, and every therapist’s ethics code now states we need training in TeleMental Health. This is why Georgia’s Composite Board recently passed a law requiring masters level therapists to complete six hours of training in TeleMental Health. Additionally, the Georgia Board of Psychology has also written a law that is just awaiting passage. Georgia is a model state for TeleMental Health law and regulations, and Dr. Beaton will provide information and resources for all 50 states. This workshop will help clarify numerous concerns and address the ethical requirements and considerations we all need to be making.

### Agenda:

- 8:30 – 9:00 am: Networking and Registration
- 9:00 – 10:30 am: Welcome and Morning Session
- 10:30 – 10:45 am: Break
- 10:45 – 12:15 pm: Morning Session (Continued)
- 12:15-1:00 pm Lunch
- 1:00-2:30 pm: Afternoon Session
- 2:30-2:45 pm: Break
- 2:45 – 4:30 pm: Afternoon Session

### By attending our workshop, you will be able to:

1. Name what constitutes “TeleMental Health, Technology Assisted Media” and the Ethics around this.
2. Identify evidence regarding the benefits and limitations of TeleMental Health services as well as relevant research pertaining to effectiveness
3. Summarize what you need to include in your Informed Consent to Treatment if you’re practicing TeleMental Health (which does include using the telephone for crisis calls and even recommending apps and websites
4. Identify HIPAA compatible video, texting, and emailing and where to go to stay up on the most recent options
5. State (and have reviewed) the relevant ethical considerations that can occur around TeleMental Health with clients.

**SOCIAL WORKERS:** CEU Creations, provider #1239, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CEU Creations maintains responsibility for this course. ACE provider approval period: [11/22/18-11/22/21]. Social workers completing this course receive 6 ethics continuing education credits.

In order to receive credit, you must attend the entire presentation and complete an evaluation. Certificates will be provided on-site. Target audience: Social workers, case managers, discharge planners, nurses and other healthcare professionals –beginning to intermediate level of learning.

*The GA Board governing social work CE's accepts ACE Programs.*

**NURSES:** 6 Contact Hours -CEU Creations is an approved provider of nursing CE's through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

**LPC's:** CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

**Cancellation Policy:** Registrants must cancel through Steve McSweeney only via email at [steve@ceuc creationsinc.com](mailto:steve@ceuc creationsinc.com) (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date

## **Speaker Information:**

Dr. Becky Beaton is a Licensed Psychologist who has over 25 years of clinical experience. She has had the privilege of being the treating psychologist on over 60 episodes of TLC's popular series: "Hoarding: Buried Alive". She is also a nationally board certified counselor, hypnotherapist fellow and is the founder and clinical director of the Anxiety and Stress Management Institute. In her free time, Dr. Becky Beaton enjoys gardening, chocolate covered coffee beans, and hot tea.