

Change is Hard

Shifting Family Dynamics as Parents Age

FEATURING:

- Case studies highlighting the changes in family dynamics with the care of an aging parent.
- Effective communication strategies to deal with feelings, resistance, and disagreements.

**Thursday,
September 12th, 2019**

12:15 pm – 12:30 pm:
Registration, Complimentary
Lunch, & Welcome

12:30 - 1:30 pm:
Presentations

1:30 pm: Evaluations and
Adjourn

WellStar North Fulton Hospital
*Case Management Conference
Room*

3000 Hospital Blvd.
Roswell, GA 30076

*Space is limited.
Please RSVP to*

www.ceucreationsinc.com



Complimentary Continuing Education Event and Lunch

1 Credit Hour Approved For:

- Social Work (ASWB ACE- 1 Hour)
- Case Managers (CCM-1 Clock Hour)
- RN (CA Board of Registered Nursing – 1 Contact hour)
- *Attendance or applied credit certificate available for other credentials.*

Presented By:

Melissa LeBoeuf

Home Care Assistance

This Event is Generously

Sponsored By:



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Shifting Family Dynamics as Parents Age

As clinicians, healthcare providers, and allied professionals, we witness a plethora of different family dynamics surrounding our clients as they age. Each and every one is a part of a complex family structure with unique experiences, values, history, and beliefs. It is easy to empathize as we reflect on our own family's dynamics -- the sibling that was the perceived favorite, or the one whose life is always in a state of perceived chaos. Family dynamics are complicated, and they can become even more so when faced with the task of caring for an aging parent. Through a case vignette, experienced staff from Home Care Assistance will present on changes in family member roles, conflict amongst siblings, and the potential for resistance and disagreements. Participants will gain an understanding of how family dynamics shift as parents age, communication techniques to recognize and deal with feelings that emerge, and the tools and resources necessary to provide effective and quality care to our aging patients and the families that care for them.

Agenda:

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|-------------------|--|
| 12:15 – 12:30 pm: | Registration, Complimentary Lunch, & Welcome |
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| 1:30 pm: | Evaluations and Adjourn |

By attending our workshop, you will be able to:

1. Identify three areas of sibling conflict when caring for an aging parent.
2. Summarize the family resilience model.
3. Name two strategies for dealing with resistance and disagreements.

SOCIAL WORKERS: Change is Hard: Shifting Family Dynamics as Parents Age, Course #2537, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by CEU Creations as an individual course. Individual courses, not providers, are approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period: 07/09/2019 - 07/09/2021. Social workers completing this course receive 1 General Social Work Practice continuing education credits.

In order to receive credit, you must attend the entire presentation and complete an evaluation. Certificates will be provided on-site. Target audience: Social workers, case managers, discharge planners, nurses and other healthcare professionals –beginning to intermediate level of learning.

The GA Board governing social work CE's accepts ACE Programs.

NURSES: 1 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Anne McSweeney at info@ceucorationsinc.com or 404-421-6055.

Speaker Information:

Melissa LeBoeuf is a 22-year veteran of Senior Services and Health Care in Atlanta. She received her Nursing Degree from University of North Carolina at Greensboro. Melissa has extensive experience working in assisted living facilities, hospitals, rehabilitation centers, outpatient acute care, hospice, and private duty home care. She currently serves on the board for The American Parkinson's Association Georgia Chapter. She is also involved with multiple senior network groups throughout metro Atlanta.

In her position as Client Case Manager, Melissa helps foster quality care for her clients as well as maintaining professional relationships in the community and connecting clients to resources to improve their quality of life. The position is a perfect fit for Melissa, whose passion is working with the aging population and advocating for elders.

Away from work Melissa enjoys quality time with her husband, two children, and their golden retriever. She loves travel and watching her children's sports activities, including equestrian events, football and lacrosse.