

Healing the Healers:

COVID 19 Recovery from a Mental Health Perspective

FEATURING:

- Cutting-edge COVID-19 "Healing the Healers" from a mental health perspective
- Engaging Speakers – longtime Grady trauma nurse, Barbara McLean (featured on ZDogg) and one of our most popular presenters, Jason Lesandrini.
- 5 CE Credits (3 Ethics!)

**Friday,
July 17, 2020**

8:45 – 9:00 am:
Registration & Virtual Networking

9:00-3:00 pm: Presentations
See back page for detailed agenda

Cost: \$59.99

Virtual Livestream Training*

*Space is limited. Please
register online at*

www.ceucreationsinc.com

5 Credit Hours Approved For:

- Social Work (ASWB ACE – 3 Ethics and 2 Clinical CE Credits)
- Case Managers (CCM-5 Clock Hours)
- RN (CA Board of Registered Nursing – 5 Contact Hours)
- LPC (ETHICS: 3 NBCC Hours, Clinical: 2 NBCC Hours)

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

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Live Stream Series
(Online Synchronous Training)

Presenters:



**Barbara A. McLean,
MN, RN, CCRN, CCNS-
BC, NP-BC, FCCM**
Critical Care Specialist
Grady Memorial Hospital,
Emory University



Jason Lesandrini, PhD
*Medical Ethicist; Assistant Vice
President of Ethics, Advance Care
Planning and Spiritual Health at
a major Atlanta Health System;
Adjunct Faculty; Mercer University*



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With 1.6 million confirmed cases of COVID-19 in the US and almost 95,000 deaths (as of 5/21/2020) – this virus is waging a war on our healthcare system. Those suffering some of the largest physical and emotional impacts are our frontline workers and those that interface with patients on a regular basis. As helping professionals, it is critical that we educate ourselves on the unique challenges of these frontline workers and ways that we can help them recover from a mental health perspective. This timely training begins with long-time Grady trauma nurse, Barbara McLean, providing firsthand perspectives from the frontlines in her presentation Disaster, Pandemic and Provider Stress: Recognizing and Coping with PTSS. From there, we have experienced healthcare ethicist Jason Lesandrini who will cover ethical case scenarios (that stemmed from COVID-19 end-of-life cases) and other complex situations for discussion. He will also address the impact of moral distress and how we can help “the healers” work through their vicarious trauma. One of the tools that we will be focusing on is Narrative Writing and how to use writing as a tool to process trauma – using “hands-on” and experiential learning to guide us through our day. Don’t miss this timely and crucial training!

Agenda:

8:45– 9:00 am:	Registration & Virtual Networking
9:00 – 10:00 am:	Session 1: Disaster, Pandemic and Provider Stress: Recognizing and Coping with PTSS – Barbara McClean, RN
10:00 – 10:15 am:	<i>Break</i>
10:15 - 11:15 am:	Session 2: TBD
11:15 - 12:15 pm:	Session 3: Moral Distress and Ethics around COVID 19, Jason Lesandrini
12:15 – 12:45 pm:	<i>Lunch</i>
12:45 – 3:00pm:	Session 4: Moral Distress, Ethics and Narrative Writing around COVID-19, Jason Lesandrini <i>(includes a 15-minute break)</i>

By attending our workshop, you will be able to:

1. Discuss the tragedies and stressors during pandemic
2. Identify triggers for PTSS
3. Communicate mechanisms of coping
4. Describe 2 examples of moral distress (focus on COVID-19 cases) in the healthcare setting
5. Identify effects of moral distress on providers and client/patient outcomes and strategies of how to cope with this.

*** In order to receive credit, you must login on time, attend the entire presentation, and complete an evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided within 5 business days.**

Target audience: Social workers, case managers, discharge planners, nurses and other healthcare professionals – beginning to intermediate level of learning.

SOCIAL WORKERS: CEU Creations, provider #1239, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CEU Creations maintains responsibility for this course. ACE provider approval period: [11/22/18-11/22/21]. Social workers completing this course receive 3 Ethics and 2 Clinical continuing education credits.

NURSES: 5 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

LPCs:  5 NBCC hours - CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

Cancellation Policy: Registrants must cancel through Patty Tucker only via email or phone at patty@ceucorationsinc.com or 770.880.9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date

For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Anne McSweeney at info@ceucorationsinc.com or 404-421-6055.

Speaker Information

Barbara A. McLean, MN, RN, CCRN, CCNS-BC, NP-BC, FCCM

Barbara McLean has been in critical care practice for 40 years. Currently, Barbara is the advancing evidence based practice clinical specialist for the division of critical care at the Grady Health System; Atlanta GA. Ms. McLean is a member of many professional organizations including the American Association of Critical Care Nurses (AACN), the Society of Critical Care Medicine (SCCM) and the American Association of Surgery and Trauma. She has been awarded the excellence in education award by the AACN as well as the circle of excellence for clinical practice in 2014 and the SCCM has presented her with the prestigious Norma J. Shoemaker Award for critical care nursing excellence in 2013. She also received the clinical excellence award in 2014 from Grady Hospital, her home environment.



Jason Lesandrini, PhD



Jason Lesandrini is currently the Assistant Vice President of Ethics, Advance Care Planning and Spiritual Health at a major health system in GA. Prior to this position, he was a Medical Ethicist at Grady Healthcare. He also is adjunct faculty and teaches at Mercer University and has also taught at GA State University as well. He has presented at numerous conferences – both locally and nationally and has also written several journal articles. He has a B.A. in Philosophy from Michigan State University and a M.A. in Philosophy from GA State University. He is working on his PhD in Medical/Healthcare Ethics.