

The Ethics of Self Care

FEATURING:

- 1 Ethics CE Credit!
- Jenny Buckley, RN

**Thursday,
October 29, 2020**

11:45 am – 12:00 pm: Welcome &
Virtual Networking

12:00 pm – 1:00 pm: Presentation

**Complimentary CE Event for:
WellStar Kennestone
Hospital**

677 Church Street, Marietta

Virtual Livestream Training

*Space is limited. Please
register online at*

www.ceucreationsinc.com



Proudly presents:
Live Stream Series
(Online Synchronous Training)

1 Credit Hour Approved For:

- Social Workers (ASWB ACE – 1 Ethics Credit)
- Case Managers (CCMC - 1 Ethics Hour)
- Nurses (CA Board of Registered Nursing – 1 Contact hour)
- *Attendance or applied credit certificate available for other credentials.*

Presented By:



**Jenny Buckley, RN, BSN,
CHPN**

**This Event is Generously
Sponsored By:**



Ethics of Self-Care

Why is self-care so important? And who could imagine that you could be unethical for not practicing self-care? As helping professionals, we inform our clients/patients of the importance of self-care, while many of us are over-worked and under-performing due to compassion fatigue or burnout. In this unique presentation, Jenny Buckley, an experienced hospice nurse and blogger will guide participants through the ethical codes pertaining to self-care, the importance of self-care as a pre-requisite for adequate patient/client care, as well as strategies for self-care practice. Jenny's approach is simple yet effective, as she breaks down practical methods to incorporate self-care into your work. Attendees will feel renewed encouragement to fuse self-care practices into their everyday lives.

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By attending our workshop, you will be able to:

1. Discuss the paradox of self-care for helping professionals
2. Identify the ethical codes pertaining to self-care for social workers, case managers, and nurses
3. Summarize the importance of self-care as a pre-requisite for adequate patient care

** In order to receive credit, you must login on time, attend the entire presentation, and complete an evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided within 5 business days. Target audience: Social workers, case managers, discharge planners, nurses and other healthcare professionals – beginning content level.*

SOCIAL WORKERS: CEU Creations, #1239, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CEU Creations maintains responsibility for this course. ACE provider approval period: [11/22/18-11/22/21]. Social workers completing this course receive 1 Ethics continuing education credits.

NURSES: 1 Contact Hour - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

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For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Anne McSweeney at info@ceucorationsinc.com or 404-421-6055.

Speaker Information:

Jenny Buckley, RN, BSN, CHPN

Jenny Buckley Care Matters is the business that I have been dreaming of starting for years. It provides a service that was born out of the realization that I could make a difference in the way that individuals and families experience illness and medical treatment. I intend to use my extensive experience and knowledge, gained from working in community based palliative care for over twenty years, to fill a void that currently exists in our healthcare system. That void becomes painfully evident when patients and families are left to face the consequence of their illness and its treatment and can create a very real and massive sense of helplessness. I am perfectly positioned to lend my unique skill set to bring relief to families in this very difficult space.

