



The Ethics of Self-Care

- Reflections and strategies for self-care during the coronavirus pandemic.

- 1 Ethics CE Credit!

Wednesday, February 10, 2021

11:45 AM – 1:00 PM EST

Live Stream Series

(Online Synchronous Training)

Complimentary CE Event for

Piedmont Hospital System

Space is limited.

Please register online at www.ceucreationsinc.com

1 CREDIT HOUR APPROVED FOR:

- Social Workers (ASWB ACE – 1 Ethics CE Credit)
- Case Managers (CCMC -1 Clock Hour)
- Nurses (CA Board of Registered Nursing – 1 Contact hour)
- Counselors (NBCC - 1 Ethics Hour)

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

PRESENTER:



Jenny Buckley, the founder of Jenny Buckley Care Matters, is a nurse with over 20 years of experience in community-based palliative care, a cancer survivor, and a family member of cancer survivors – Jenny understands the importance of quality patient care. Those experiences have repeatedly demonstrated that living with and through an illness – and all that it requires – isn't always addressed in doctor's visits and hospital stays.

She believes that healing comes in a variety of forms and, it matters how you are treated – not just with medicine, but how you, as a person, and your family, is treated. Jenny Buckley Care Matters was born out of the realization that she could make a difference in the way that individuals and families experience illness and medical treatment.

Jenny lives in Roswell, Georgia with her husband and two sons.

**We appreciate the ongoing support of our 2021 Sponsors!
We could not provide these complimentary events without them.**

Additional information for each sponsor can be found in the 2021 CEU Creations Georgia Hospital Supporter Directory that will be provided to each registrant.



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AGENDA

11:45 AM - 12:00 PM: Log-In and Virtual Networking

12:00 PM - 1:00 PM: Presentation

Why is self-care so important? And who could imagine that you could be unethical for not practicing self-care? As helping professionals, we inform our clients/patients of the importance of self-care, while many of us are over-worked and under-performing due to compassion fatigue or burnout. In this unique presentation, Jenny Buckley, an experienced hospice nurse and blogger, will guide participants through the ethical codes pertaining to self-care, the importance of self-care as a pre-requisite for adequate patient/client care, as well as strategies for self-care practice. Jenny's approach is simple, yet effective, as she breaks down practical methods to incorporate self-care into your work. Attendees will feel renewed encouragement to fuse self-care practices into their everyday lives.

BY ATTENDING OUR WORKSHOP, YOU WILL BE ABLE TO:

- Discuss the paradox of self-care for helping professionals
- Identify the ethical codes pertaining to self-care for social workers, case managers, and nurses
- Summarize the importance of self-care as a pre-requisite for adequate patient care

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is not required. You will receive an email approximately 24 hours prior to the start of the event with a link to the webinar.

In order to receive credit, you must login on time, attend the entire presentation, and complete an evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, counselors, discharge planners, nurses and other healthcare professionals – beginning to intermediate content level.

SOCIAL WORKERS: CEU Creations, #1239, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CEU Creations maintains responsibility for this course. ACE provider approval period: [11/22/18-11/22/21]. Social workers completing this course receive 1 Ethics continuing education credits.

The GA Board governing social work CE's accepts ACE Programs.

NURSES: 1 Contact Hour - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

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For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Anne McSweeney at info@ceucreationsinc.com