## <u>Core Values Exercise:</u>

## Worksheet

Note: Please print and/or use Adobe markup tools to fill-out this worksheet.

Step #1: Are there values that we all hold	Daanas
in common in healthcare?	Respect
	Integrity
	Beneficence
	Compassion
	Healing
	Teamwork
	Duty
	Innovation
	Empathy
	Justice
	Avoiding harm
	Nonmaleficence
	Patient rights
	Continuous Improvement
	Excellence
	Responsibility
	Quality
	Fairness
	Community
	Trust
	Environment
	Stewardship
	Supportive



## Step #2 What values define you?

Focus Pleasure Acceptance

Achievement Forgiveness Positive Attitude

Freedom Pride Adventure

Friendship Affection Productivity Altruism Fun Recognition **Ambition** Reflection Goals Religion Appreciation Gratitude Arts Growth Respect Authenticity Happiness Responsibility

Authority Health Results Helping Others Autonomy Reputation Balance Risk Taking High Expectations

Romance Beauty Honesty Belonging Hope Self Expression Caring Humility Self-Respect Celebration Service

Challenge Sharing Imagination Choice Independence Solitude Collaboration Influence Spirituality Commitment Initiative Success Support Community Integrity

Humor

Communication Team Work Intuition

Compassion Interdependence Time Connection Tolerance Joy Togetherness Contribution Justice Kindness Tradition Cooperation Knowledge Creativity Travel Leadership Democracy Trust

Loyalty Effectiveness Truth Unity Efficiency Making a Difference Meaningful Work Variety Equality Mindfulness Equity Zest

Excellence Nature Nurturing Excitement Order Expertise Fame Passion Fairness Peace

Faith Personal Growth Family Perseverance

Flexibility Personal Development

Step #3 Group the similar values together.  Max: 5 groups	Step #4 Choose the group "label" for each of the bundles.

Step #5 Case Scenario Critical Thinking Using the Ethical Decision Framework:

What is your recommendation? Why?

→ Background
→ Ethics Values
→ Ethics Question
→ Options
→ Recommended Options
→ Preventing the Conflict