## Creating Joy and Purposeful Living with Dementia: A Unique Blend of Theater and Education



- Innovative use of theater to express perspectives of individuals with dementia and their caregivers, followed by an educational discussion.
- Carolyn Cook, Atlanta actor/director extraordinaire who has starred in and directed multiple theater productions and is a care partner for her mother with dementia.

Thursday, April 22, 2021 | 5:45 PM ET – 8:15 PM ET

**Live Stream Series** 

(Online Synchronous Training)

Complimentary CE Event courtesy of Home Care Assistance

Space is limited. Please register online at:

http://bit.ly/HCA 042221

### **2 CREDIT HOURS APPROVED FOR:**

- Social Workers (ASWB ACE; New York State Education Department's State Board for Social Work– 2 CE Credits)
- Case Managers (CCMC 2 Contact Hours)
- Nurses (CA Board of Registered Nursing 2 Contact Hours)
- Counselors (NBCC; New York State Education Department's State Board for Mental Health Practitioners - 2 Clock Hours)

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

## **PRESENTERS:**



Carolyn Cook, Actor/Director



Anne McSweeney, LCSW



Dr. Shadi Gholizadeh, PhD, MPH, MSc

This event is generously sponsored by:

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# Creating Joy and Purposeful Living with Dementia: A Unique Blend of Theater and Education

**AGENDA** 

**5:45 PM ET – 6:00 PM ET:** Log in and Virtual Networking

**6:00** PM ET – **8:15** PM ET: Presentation

According to the Alzheimer's Association, there are currently 5.8 million Americans living with Alzheimer's or other dementias. The number is expected to more than double to 14 million by 2050. Additionally, another 16 million Americans provide unpaid care for people with dementia. All of these statistics are on the rise. As helping professionals, we often see first-hand the toll that dementia takes on both the patient and the caregiver. In this innovative CE training, we will use drama and theater to explore these perspectives. Carolyn Cook is a renowned Atlanta actor/director and caregiver for her mother with dementia. Using the art of theater/drama, she will give the audience a unique lens into the eyes of both the person with dementia and the caregiver as she performs a one-act, one-person play through each perspective. From here, Dr. Shadi Gholizadeh, PhD, MPH, MSc will discuss the role of purposeful engagement in dementia, with an emphasis on the benefits, best practices for caregivers and professionals, sample activities, and applications through case examples. Join us for this innovative presentation that effectively intertwines theater with education to provide an impactful learning experience on promoting and enhancing joy and selfhood in persons with dementia.

## BY ATTENDING OUR WORKSHOP, YOU WILL BE ABLE TO:

- · Define the role of purposeful engagement in person-centered care.
- Summarize the benefits of purposeful engagement and promoting a sense of purpose in persons with Alzheimer's and other dementias.
- Name two best practices and examples of purposeful engagement with persons with Alzheimer's and other dementias.

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is not required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must login on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals – intermediate content level.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CEU Creations maintains responsibility for this course. ACE provider approval period: [11/22/18-11/22/21]. Social workers completing this course receive 2 General continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 2 contact hour.

**NURSES**: 2 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

COUNSELORS: NBCC Hours - 2 Clock hours - CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 2 contact hour.

Cancellation Policy: Registrants must cancel via email or phone at <a href="mailto:patty@ceucreationsinc.com">patty@ceucreationsinc.com</a> or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted.

## **PRESENTER BIOS:**



Carolyn Cook is the founder and first artistic director of Theatre du Reve. She has more than twenty-five years of experience as a professional actor, director, producer, teacher, and acting coach. Carolyn has worked as an actor and/or director with some of the top theaters in Atlanta including Georgia Shakespeare, Horizon Theatre, The Alliance Theatre, Actor's Express, Theatre in the Square, Seven Stages, and Theater Emory. She has taught acting and theatre studies at Emory University, Oglethorpe University, Pebblebrook High School, and the Robert Mello Studio. Carolyn has been on the dementia journey for over 10 years now. Her mother lives with Alzheimer's disease and lives in an assisted living facility. As a family member, Carolyn sought to educate herself in best practices for dementia care. She is a graduate of the 2015 Memory Bridge Training Retreat, a five-day intensive program leading to positive, meaningful dementia relationships. Carolyn co-developed and performed in Blackberry Winter, a play by Steve Yockey about a woman coming to terms with her new role as a caregiver.



Anne McSweeney, LCSW, is a Licensed Clinical Social Worker and owner of CEU Creations – a company that provides educational trainings to healthcare professionals. Anne has worked with the senior population for over 15 years in medical and elder care social work – working with hospice, home health, dialysis and elder law attorneys. In 2009, she founded CEU Creations (formerly called CEU Concepts) where she serves as the President and Educational Director. Presenting at both local and national conferences, her passion is providing creative and innovative educational experiences that promote learning. In 2015, Anne was appointed to the Fulton County Commission on Elderly Affairs where she served for over 6 years. She is a former board member for The Aimee Copeland Foundation and The Atlanta Senior Care Network Niche. Anne is also member of the Georgia Society for Clinical Social Work. She received her undergraduate degree from Auburn University and MSW from the University of Alabama.



**Dr. Shadi Gholizadeh, PhD, MPH, MSc** is a clinical psychologist and serves as Director of Memory Care. She received her BA in Psychology from Stanford University and PhD in Clinical Psychology with an emphasis in Behavioral Medicine from the University of California, San Diego/San Diego State University Joint Doctoral Program. She completed her clinical internship at the UCLA Semel Institute for Neuroscience and Human Behavior. Dr. Gholizadeh has research and clinical interests in coping with chronic illness and cognitive decline, caregiver stress and burnout, and psychodiagnostic assessment. Prior to beginning her doctoral program, Dr. Gholizadeh served as Business Operations Manager at HCA.