

Humor in the Helping Professions:

Therapeutic Improv for How to See, Help, and Grow



- Murray Dabby, LCSW, Relationship Coach and Psychotherapist
- Laura Frohboese, LCSW, known for the hilarious Instagram account, @sallysocialworkerbook

Friday, December 10, 2021 | 9:00 AM – 3:00 PM ET

Live Stream Series

(Online Synchronous Training)

\$59.99 Registration

Space is limited.

Please register online at

www.ceucreationsinc.com

5 CREDIT HOURS APPROVED FOR:

- **Social Workers**
(ASWB ACE ; New York State Education Department's State Board for Social Work- 5 Contact Hours)
- **Case Managers**
(CCMC – 5 Contact Hours)
- **Nurses**
(CA Board of Registered Nursing – 5 Contact Hours)
- **Counselors**
(NBCC ACEP; NY State Education Department's State Board for Mental Health Practitioners - 5 Contact Hours)

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

PRESENTERS:



Murray Dabby, LCSW
Director of the Atlanta Center
For Social Therapy



Laura Frohboese, LCSW, Emergency
Department social worker in a Level 1
Trauma Center, Author, and Instagram
Influencer (with over 30K followers!)

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2021 CEU Creations Georgia Supporter Directory that will be provided to each registrant.*



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AGENDA

8:45 AM – 9:00 AM:	Registration and Virtual Networking
9:00 AM – 10:00 AM:	Humor in the Helping Professions with Ethical Considerations (Laura Frohboese, LCSW)
10:00 AM – 10:10 AM:	<i>Break</i>
10:10 AM – 11:45 AM:	Foundations and Overview of Therapeutic Improv (Murray Dabby, LCSW)
11:45 AM – 12:25 PM:	<i>Lunch and Sponsor Spotlight</i>
12:25 PM – 1:50 PM:	Applications of Therapeutic Improv in Practice (Murray Dabby, LCSW)
1:50 PM – 2:00 PM:	<i>Break</i>
2:00 PM – 3:00 PM:	How to Utilize Zoom More Effectively (Murray Dabby, LCSW)

The responsibilities of being a helping professional requires having a vast array of skills and knowledge in your clinical toolkit. Included in that toolkit should be a little creative spark to enhance our communication techniques to support our clients in making lasting changes. Join us for this full-day interactive training on ways to incorporate humor and therapeutic improv into your clinical practice. To kick off the fun, Laura Frohboese, LCSW, social worker in the ER of a Level 1 trauma center, also known as Sally Social Worker, will provide a reflection on the benefits of using humor in your personal and professional practice, weaving in considerations from our professional ethical codes and how relevant standards apply. Building on this foundation, Murray Dabby, LCSW, Relationship Coach and Psychotherapist, will detail how to incorporate therapeutic improv into our clinical interactions with clients. We will explore theoretical foundations, ethical challenges, and the applications of these techniques in our practice - including via Zoom and related platforms. Don't miss this interactive and engaging day of learning!

BY ATTENDING OUR WORKSHOP, YOU WILL BE ABLE TO:

- Summarize the ways humor can be beneficial in our workplace
- List 2 ethical standards that apply to utilizing humor in our professional practice
- Name the theoretical foundations to therapeutic improv
- Describe ethical considerations of utilizing therapeutic improv in practice
- Discuss best practices for utilizing Zoom more effectively

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is not required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must login on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals – intermediate content level.

SOCIAL WORKERS: CEU Creations, #1239, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CEU Creations maintains responsibility for this course. ACE provider approval period: [11/22/18-11/22/21]. Social workers completing this course receive 4 General and 1 Ethics continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 5 contact hours.

NURSES: 5 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

COUNSELORS: 4 Contact and 1 Ethics Hour:

 CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 5 contact hours.

Cancellation Policy: Registrants must cancel via email or phone at patty@ceucreationsinc.com or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date.

Humor and Therapeutic Improv:

Therapeutic Improv for How to See, Help, and Grow

SPEAKER BIOS



**Murray Dabby,
LCSW**

Murray Dabby, LCSW

Murray Dabby has worked and consulted for over 35 years with people from all walks of life, from physicians and academics, to leaders in University settings, to business professionals and entrepreneurs, ministers and non-profit leaders, artists and writers and people in entertainment. Specializing in professional and relationship coaching in individual, relationship and group environments, Murray helps clients grow to meet tough personal and relationship challenges. He has helped many couples to develop and grow even within significant crisis and times of transitions.

He practices and trains people in the non-diagnostic performance based Social Therapy. He is director of the Atlanta Center For Social Therapy where he sees groups, individuals, couples and families in his therapeutic practice. With a background in working with chronic mentally ill, family therapy, diagnostic research, community activism and community social work, he was one of the founders of the East Side Institute for Group and Short Term Psychotherapy, an international training program where the social therapeutic method is taught, practiced and developed. He continues on the affiliate faculty there. Murray co-developed The Couples College training for couples on relationship building in a group context. Murray has a history in the performing arts: as a musician, community theatre director, and using performance and improvisation in his teaching methods.



Laura Frohboese, LCSW

Laura Frohboese, LCSW, has worked in a fast-paced ER of a Level 1 trauma center, Carolinas Medical Center, for over 20 years. Twelve-hour shifts fly by while practicing crisis intervention, arranging transportation, and finding placement for patients' pets! Laura has also had a private practice since 2006 where she works primarily with adults, as well as helping social workers get started in private practice. While taking her work very seriously, she also tries to find humor in the stressful situations that she faces as a social worker. She cracked herself up talking about social work humor at hospitals and colleges and published her first book in 2015. With enough material for a second book - she is working on another one. Her popular Instagram account @SallySocialWorkerBook was envisioned after realizing there were very few social work humor accounts. Sharing memes and connecting with other social workers online has become her form of self care after a long day.