



The Ethics of Self-Care

- Reflections and strategies for self-care during the coronavirus pandemic.
- 1 Ethics CE Credit!

Thursday, December 9, 2021 11:45 AM – 1:00 PM ET

Live Stream Series (Online Synchronous Training)

**Complimentary CE Event for
Wellstar Hospital System**



Space is limited.

Scan QR Code or online at
www.ceucreationsinc.com

1 CREDIT HOUR APPROVED FOR:

- **Social Workers**
(ASWB ACE 1 Ethics Credit; New York State Education Department's State Board for Social Work- 1 Contact Hour)
- **Case Managers**
(CCMC -1 Ethics Hour)
- **Nurses**
(CA Board of Registered Nursing - 1 Contact Hour)
- **Counselors**
(NBCC ACEP; NY State Education Department's State Board for Mental Health Practitioners - 1 Contact Hour)

*Attendance or applied credit certificate available for other credentials.
Please make sure to check with your own state board to ensure transferability of CE credit.*

PRESENTER:



Jenny Buckley, RN, BSN, CHPN the founder of Jenny Buckley Care Matters, is a nurse with over 20 years of experience in community-based palliative care, a cancer survivor, and a family member of cancer survivors – Jenny understands the importance of quality patient care. Those experiences have repeatedly demonstrated that living with and through an illness – and all that it requires – isn't always addressed in doctor's visits and hospital stays.

She believes that healing comes in a variety of forms and, it matters how you are treated – not just with medicine, but how you, as a person, and your family, is treated. Jenny Buckley Care Matters was born out of the realization that she could make a difference in the way that individuals and families experience illness and medical treatment.

Jenny lives in Roswell, Georgia with her husband and two sons.

**We appreciate the ongoing support of our 2021 Sponsors!
We could not provide these complimentary events without them.**

Additional information for each sponsor can be found in the 2021 CEU Creations Georgia Hospital Supporter Directory that will be provided to each registrant.



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AGENDA

11:45 AM - 12:00 PM: Log-In and Virtual Networking

12:00 PM - 1:00 PM: Presentation

Why is self-care so important? And who could imagine that you could be unethical for not practicing self-care? As helping professionals, we inform our clients/patients of the importance of self-care, while many of us are over-worked and under-performing due to compassion fatigue or burnout. In this unique presentation, Jenny Buckley, an experienced hospice nurse and blogger, will guide participants through the ethical codes pertaining to self-care, the importance of self-care as a pre-requisite for adequate patient/client care, as well as strategies for self-care practice. Jenny's approach is simple, yet effective, as she breaks down practical methods to incorporate self-care into your work. Attendees will feel renewed encouragement to fuse self-care practices into their everyday lives.

BY ATTENDING OUR WORKSHOP, YOU WILL BE ABLE TO:

- Discuss the paradox of self-care for helping professionals
- Identify the ethical codes pertaining to self-care for social workers, case managers, and nurses
- Summarize the importance of self-care as a pre-requisite for adequate patient care

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must login on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals – intermediate content level.

SOCIAL WORKERS: CEU Creations, #1239, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CEU Creations maintains responsibility for this course. ACE provider approval period: [11/22/2021-11/22/2024]. Social workers completing this course receive 1 Ethics continuing education credit.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 1 contact hour.

NURSES: 1 Contact Hour - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credit.

COUNSELORS: 1 Ethics Hour:



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 1 contact hour.

Cancellation Policy: Registrants must cancel via email or phone at patty@ceucreationsinc.com or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date.