

"It's Not a Burden": An Inside Look at Caregiving, Resistance and Ethics and Aging for the Helping Professional



- A viewing of the moving documentary film, *It's Not a Burden: The Humor and Heartache of Raising Elderly Parents*
- 2 Ethics hours with expert speakers in the field of Aging

Friday, February 11, 2022 | 9:00 AM – 3:00 PM ET

Live Stream Series (Online Synchronous Training)

\$64.99 Early Bird Registration

After January 28th registration is \$74.99

Please scan QR Code or
register online at

www.ceucreationsinc.com



5 CREDIT HOURS APPROVED FOR:

- **Social Workers**
(ASWB ACE – 3 Clinical and 2 Ethics ; New York State Education Department's State Board for Social Work– 5 Contact Hours)
- **Case Managers**
(CCMC – 5 Contact Hours)
- **Nurses**
(CA Board of Registered Nursing – 5 Contact Hours)
- **Counselors**
3 Clinical and 2 Ethics or 5 Contact Hours
(NBCC ACEP; NY State Education Department's State Board for Mental Health Practitioners)
*For those states requiring/accepting ethics hours for Counselors, 3 Clinical and 2 Ethics Hours will be awarded. Otherwise, 5 contact hours will be awarded.

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

PRESENTERS:

Lauren Snedeker, DSW, LSW, LMSW

Assistant Professor and
Coordinator for the MSW
Certificate in Aging and Health
Program, Rutgers University,
School of Social Work



Rebecca Abenante, MA, MSW, LSW ASW-G

Healthy Aging Coordinator and
Geriatrics Fellowship Program
Coordinator at Atlantic Health
System and the documentary
film "It's Not a Burden"



FEATURED 2022 Sponsors!



*Additional information for each sponsor can be found in the
2022 CEU Creations Georgia Supporter Directory that will be provided to each registrant.*

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AGENDA

8:45 AM - 9:00 AM:	Log In and Virtual Networking
9:00 AM - 11:00 AM:	It's a Burden Documentary Film and Discussion
11:00 AM - 11:10 AM:	<i>Break</i>
11:10 AM - 12:10 PM:	Ethics and Aging, Lauren Snedeker, DSW, LSW, LMSW
12:10 PM - 12:50 PM:	<i>Lunch and Sponsor Spotlight</i>
12:50 PM - 1:50 PM:	Ethics and Aging (Part 2)
1:50 PM - 2:00 PM:	<i>Break</i>
2:00 PM - 3:00 PM:	Managing Resistance when Working with Seniors and Their Loved Ones, Rebecca Abenante, MA, MSW, LSW ASW-G

"It's Not a Burden: The Humor and Heartache of Raising Elderly Parents" is a documentary film that takes the audience on the emotional rollercoaster ride of being a caregiver to a loved one. It provides the helping professional insight to the challenges that caregivers face daily. It also highlights the universal issues around aging through the stories of a variety of families from diverse backgrounds, races, and genders. Following the movie, Lauren Snedeker, LSW, LMSW, Assistant Professor and Coordinator for the MSW Certificate in Aging and Health Program, Rutgers University, School of Social Work, will lead a discussion with the audience – focusing on psychosocial and other critical aspects of aging and caregiving that the film highlights. From here, pivoting slightly, we will focus on ethics and aging dilemmas that helping professionals working with older adults can experience. For example, identifying the 'right' path of intervention when working with a client that is neglectful of their own needs, while considering that same client's right to self-determination. Finally, we will end our day of learning with a discussion around managing resistance when working with seniors and their care partners presented by Rebecca Abenante, MA, MSW, LSW ASW-G, Healthy Aging Coordinator and Geriatrics Fellowship Program Coordinator at Atlantic Health System. From the insightful and moving film to our expert line-up of speakers – you will leave with new insights, tools, and resources for your work with older adults and their loved ones.

BY ATTENDING OUR WORKSHOP, YOU WILL BE ABLE TO:

- Recognize the emotional toll that caregivers endure daily.
- Identify some of the challenges faced by caregivers and solutions that could be used.
- Relate and reflect on complex, practice scenarios when working with older adults and their communities
- Analyze (and assess for) instances of ageism, abuse, neglect, and more, that impact our practice with older adults and their communities
- Identify and discuss ways to work with resistance with senior clients and their loved ones.

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must login on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.


Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals – intermediate content level.

SOCIAL WORKERS: CEU Creations, #1239, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CEU Creations maintains responsibility for this course. ACE provider approval period: [11/22/2021-11/22/2024]. Social workers completing this course receive 3 Clinical and 2 Ethics continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 5 contact hours.

NURSES: 5 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

COUNSELORS: 3 Clinical and 2 Ethics Hours:

 CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 5 contact hours.

Cancellation Policy: Registrants must cancel via email or phone at patty@ceucorationsinc.com or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date.

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SPEAKER BIOS



**Lauren Snedeker,
DSW, LSW, LMSW**

Lauren Snedeker, DSW, LSW, LMSW

Assistant Professor and Coordinator for the MSW Certificate in Aging and Health Program, Rutgers University, School of Social Work

Lauren Snedeker is an Assistant Professor of Teaching and Coordinator for the MSW Certificate in Aging and Health Program at Rutgers School of Social Work. Her areas of practice and scholarly interests focus on the aging experience, mental health during older adulthood, and caregiving experiences. Educating about the rich, clinical opportunities that exist in gerontological social work, mentorship and building community for MSW students are Lauren’s passions.

Lauren holds a master’s degree in social work from the Silver School of Social Work at New York University and received her Doctorate in Social Work (DSW) from Rutgers School of Social Work. Over the course of her career, Lauren has worked in diverse settings serving the older adult population, such as hospitals, nursing homes, senior centers and privately by conducting home visits. She has experience working with individuals, families and caregivers. Additionally, Lauren has developed trainings, graduate-level curricula, content for continuing education events and professional conferences, and articles on age-related topics.



**Rebecca
Abenante, MA,
MSW, LSW ASW-G**

Rebecca Abenante, MA, MSW, LSW ASW-G

Healthy Aging Coordinator and Geriatrics Fellowship Program Coordinator at Atlantic Health System,

Rebecca Abenante coordinates the Healthy Aging Program at Atlantic Health System and has been involved with a wide variety of geriatric services at Morristown Medical Center since 2009. With the addition of a second fellow position in 2021, Rebecca also became the Geriatrics Fellowship Program Coordinator at Morristown Medical Center. Rebecca has been working with seniors and their families for more than 20 years in a variety of settings, including senior affordable housing, assisted living, skilled nursing and acute care. Through the Healthy Aging Program’s hotline, community presentations and outpatient social work consultation at the David and Joan Powell Center for Healthy Aging’s Geriatric Assessment Center, she has experience educating and guiding older adults and their caregivers towards appropriate services and supports.

In addition to her work with Atlantic Health System, Rebecca has been an adjunct professor at William Paterson University in the Department of Public Health since 2014 and teaches undergraduate students about social gerontology. She has a Bachelor’s of Sociology and Certificate in Gerontology from Kean University, a Masters of Arts degree in Counseling from Fairleigh Dickinson University, a Masters of Social Work degree and Certificate in Aging from Rutgers University and is a Licensed Social Worker in the State of NJ. Rebecca is also certified by the National Association of Social Workers as an Advanced Social Worker in Gerontology