

Supporting the Role of Community Care in Feeling, Dealing, and Healing for Youth and Adults



• Jen Alexander, Educator, Trauma Expert, and Author

• Practical tools to build your own community of care

Friday, September 23, 2022

9:00 AM – 3:00 PM ET

Live Stream Series

(Online Synchronous Training)

\$64.99 Early Bird Registration

After September 9th registration is \$74.99

Please scan QR Code
or register online at

www.ceuc creationsinc.com

5 CREDIT HOURS APPROVED FOR:

- **Social Workers**
(ASWB ACE – 5 Ethics CE Credits; New York State Education Department's State Board for Social Work– 5 Contact Hours)
- **Case Managers**
(CCMC – 5 Ethics Hours)
- **Nurses**
(CA Board of Registered Nursing – 5 Contact Hours)
- **Counselors** (5 Ethics Hours or 5 Contact Hours)*
(NBCC ACEP; NY State Education Department's State Board for Mental Health Practitioners - 5 Contact Hours)

* Some states do not require/accept ethics hours for counselors, for those cases contact hours will be awarded.

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

PRESENTERS:



Jen Alexander, M.A., NCC, SB-RPT

Educator, Trauma Expert,
Author, PD Facilitator



Jessica Leal, LMSW, DSW
Educational Manager,
CEU Creations



Samantha Conger, LMSW
in Iowa and Illinois and
School Social Worker



FEATURED 2022 Sponsors!



Additional information for each sponsor can be found in the 2022 CEU Creations Georgia Supporter Directory that will be provided to each registrant.

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AGENDA

8:45 AM – 9:00 AM:	Log in and Virtual Networking
9:00 AM – 10:00 AM:	Support the Role of Community Care Part 1 – Jen Alexander, M.A., NCC, SB-RPT , Educator, Trauma Expert, Author, PD Facilitator
10:00 AM – 10:10 AM:	<i>Break</i>
10:10 AM – 11:10 AM:	Support the Role of Community Care Part 2 – Jen Alexander, M.A., NCC, SB-RPT
11:10 AM – 11:55 AM:	Building Resilience in Families Part 1 – Jessica Leal, LMSW, DSW , Educational Manager CEU Creations
11:55 AM – 12:35 PM:	<i>Lunch and Sponsor Spotlight</i>
12:35 PM – 1:35 PM:	Building Resilience in Families Part 2 – Jessica Leal, LMSW, DSW
1:35 PM – 1:45 AM:	<i>Break</i>
1:45 PM – 3:00 PM:	Building Our Resilience – Samantha Conger, LMSW

The pandemic has impacted everyone in different ways. High stress for youth, families, and clinicians is common. In this interactive session, Ms. Jen helps providers reflect on the ways ongoing stressors and other traumas are impacting one's own wellbeing and the wellbeing of those they work with, including youth and families. Come to explore what everyone needs now in communities of care. You'll access support and leave with suggestions for taking good care of yourself and others. In the afternoon we will continue the conversation, focusing on building resiliency within the families and communities we serve. Participants will leave this event with a toolbox full of practical strategies for every helping professional.

BY ATTENDING OUR WORKSHOP, YOU WILL BE ABLE TO:

- Summarize how the stress of the pandemic (and everything accompanying it) is impacting yourself, your co-workers, youth, and families.
- Give examples of signs that could be indicative of a potential trauma response.
- Examine the role of community care in supporting a rhythm of how we can take good care of one another as we feel, deal, and heal together.
- Describe what it means to be resilient.
- Identify strategies to build resilience in youth and their families.
- Identify strategies to build resilience within ourselves as helping professionals.

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals – intermediate content level.

SOCIAL WORKERS: CEU Creations, #1239, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CEU Creations maintains responsibility for this course. ACE provider approval period: [11/22/2021-11/22/2024]. Social workers completing this course receive 5 Ethics continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 5 contact hours.

NURSES: 5 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

COUNSELORS: 5 Ethics Hours or 5 Contact Hours



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 5 contact hours.

Cancellation Policy: Registrants must cancel via email or phone at patty@ceucorationsinc.com or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date.

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PRESENTERS:



Jen Alexander, M.A., NCC, SB-RPT and Educator, Trauma Expert, Author, PD Facilitator

Most know Jen Alexander as Ms. Jen. She's an experienced trauma-informed educator, school counselor, expert on developmental trauma, global speaker, and consultant. Jen is also the author of Building Trauma-Sensitive Schools and Supporting Students and Staff After COVID-19. Her passion



Jessica Leal, LMSW, DSW, Educational Manager, CEU Creations

Jessica is a licensed social worker with over ten years of experience working in different systems. Jessica has a strong passion for teaching, training, and professional development. She also has a strong background around creating trauma informed systems, social emotional behavioral health and the implementation of community and individual support systems.

Jessica has created and facilitated many professional development trainings throughout her career. Jessica's role at CEU Creations includes developing curriculum, working with licensure boards, and presenting at various CE trainings.

Jessica holds a Bachelor's degree in organizational management and sociology from Ashford University. She received her Master's in Social Work from University of Iowa and is currently working on her Doctoral degree in Social Work. Jessica is a licensed social worker through the state of Iowa. Jessica currently lives in Iowa with her husband, four children, two dogs, and cat. Any spare moment that Jessica has is usually spent running or reading.



Samantha Conger, LMSW in Iowa and Illinois and School Social Worker

Samantha Conger, LMSW, is a licensed social worker in Iowa and Illinois. Samantha graduated from Augustana College in 2007. Samantha practiced in various settings including child welfare, inpatient and outpatient mental health, and substance abuse treatment. Samantha earned her Master's of Social Work (MSW) from the University of Iowa in 2016.

Samantha currently works as a school social worker helping students, families, and teachers while working to build and support systems within the education setting. Samantha enjoys working with professionals and providing relevant training to empower them in their workplace and personal lives.

Samantha currently resides in Iowa with her husband and twin six-year-olds. Samantha enjoys spending time with her family, traveling, and home improvement projects.