



5th Annual Elder Care Symposium



Friday, August 25, 2023
9:00 AM to 3:00 PM ET

Finding Joy, Dignity, and Self-Determination with No Regrets

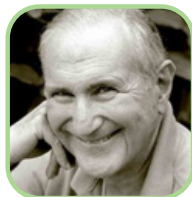
PRESENTED BY:



Lisa Marshall
Author, Blogger



Sade Thompson,
LMSW CDACCT,
CDP



Marv Weisbord,
Author, Speaker



Alex Glazebrook,
MSW, PhD



Chris Millett,
MM, MT-BC



5 CREDIT HOURS APPROVED FOR:

Social Workers

ASWB ACE – 4 General and 1 Ethics CE Credits
New York State Education Department's State Board for Social Work – 5 Contact Hours

Case Managers

CCMC – 5 Contact Hours

Nurses

California Board of Registered Nursing – 5 Contact Hours

Counselors

1 Ethics and 4 Contact Hours or 5 Contact Hours*
NBCC ACEP – 5 Contact Hours
New York State Education Department's State Board for Mental Health Practitioners - 5 Contact Hours

**Some states do not require/accept ethics hours for counselors, for those cases contact hours will be awarded.*

Attendance or applied credit certificate available for other credentials. Please make sure to check with your own state board to ensure transferability of CE credit.

\$74.99 Registration (early bird)

\$84.99 after August 11th.

REGISTRATION

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Space is limited.
Please register online
OR
Scan QR Code





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**BY ATTENDING OUR WORKSHOP,
YOU WILL BE ABLE TO:**

- Provide examples of strategies to maintain joy while caregiving
- Explain benefits, strategies and resources around using music and other creative arts as tools when working with aging clients
- Describe considerations needed when working with clients with dementia and informed consent
- Identify technological resources that can be used to increase independence with the elderly population
- Name at least two benefits of music therapy and resources for helping to use narratives and song-writing as therapeutic tools with your clients

Informed Consent and Ethics with Seniors and Dementia Clients Panel Discussion



Moderated by Lauren Snedeker, DSW, LSW, LMSW, Assistant Professor of Teaching, Coordinator for the MSW Certificate in Aging and Health, Rutgers School of Social Work

PANEL INCLUDES: Kelli Wolk, JD, Chief Judge, Cobb County Probate Court; Carleton Fitzgerald Coleman, Division of Aging Services Public Guardianship Office Section Manager; Sarah R. Watchko, J.D., CELA

AGENDA

8:45 AM - 9:00 AM ET Log In/Virtual Networking

9:00 AM - 10:00 AM ET

Find Joy; No Regrets - Lisa Marshall, Author of the new book *Oh Hello Alzheimer's: A Caregiver's Journey of Love*, personal blogger on Facebook with over 29,000 followers

10:00 AM - 11:00 AM ET

The Power of Music as We Age - Sade Thompson, LMSW CDACCT, CDP; Marv Weisbord, Author, Speaker, and Retired Consultant (*Pre-recorded*)

11:00 AM - 11:10 AM ET Break

11:10 AM - 12:10 PM ET

Informed Consent and Ethics with Seniors and Dementia Clients Panel Discussion - Kelli Wolk, JD, Chief Judge, Cobb County Probate Court; Carleton Fitzgerald Coleman, Division of Aging Services Public Guardianship Office Section Manager; Sarah R. Watchko, J.D., CELA; and moderated by Lauren Snedeker, DSW, LSW, LMSW, Assistant Professor of Teaching, Coordinator for the MSW Certificate in Aging and Health, Rutgers School of Social Work

12:10 PM - 12:50 PM ET Lunch Break

12:50 PM - 1:50 PM ET

Emerging Technologies in Senior Care - Alex Glazebrook, MSW, PhD, and VP of Program Operations Senior Planet and Older Adults Technology Services (OATS) from AARP

1:50 PM - 2:00 PM ET Break

2:00 PM - 3:00 PM ET

Music Therapy When Working with Dementia Clients - Chris Millett, MM, MT-BC; Assistant Professor of Music Therapy at the University of Louisville.

3:00 PM ET Closing Remarks and Adjourn

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OVERVIEW

Our 5th Annual Eldercare Symposium is all about finding joy and having no regrets! We will begin with our keynote speaker Lisa Marshall, Author of the new book *Oh Hello Alzheimer's: A Caregiver's Journey of Love*. Lisa will share tips, tricks, and her personal experience with finding joy as a care partner. Throughout the day we will continue our conversation on finding joy through aging and caregiving. We will discuss how to ensure dignity and self-determination through the informed consent process, following our ethical codes, technology that promotes independence and the power of music as we age. This unique and innovative full day event will provide many tools and strategies that participants can utilize in daily practice right away!

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is not required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 7-10 business days.

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals.

SOCIAL WORKERS: CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/22/21-11/22/24. Social workers completing this course receive 5 total credits including 1 Ethics and 4 Clinical continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 5 contact hours.

NURSES: 5 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

COUNSELORS: 1 Ethics and 4 Contact Hours or 5 Contact Hours -



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 5 contact hours.

Cancellation Policy: Registrants must cancel via email or phone at patty@ceucorationsinc.com or 770-880-9873 contacting other staff members/leadership does not guarantee your cancellation. No faxes or mail cancellations will be accepted.

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PRESENTERS:



Lisa Marshall
Author, Blogger

Lisa Marshall was the primary caregiver for her husband Peter Marshall who was diagnosed with early-onset Alzheimer's in 2018 at the age of 53. Lisa retired in 2020 from a professional sales career to care for her husband who could no longer be alone. Peter passed away on December 26th, 2021, just three years and eight months after diagnosis. He was 56.

She is passionate about advocating for support for caregivers and raises her voice to create awareness of the disease. For over four years she has chronicled her and Peter's daily journey at www.facebook.com/ohhelloalzheimers offering an honest, realistic, and raw look at Alzheimer's disease, to followers all over the world. Her book, *Oh Hello Alzheimer's: A Caregiver's Journey of Love*, a love story and caregiver guide, is available on Amazon. This book offers tips and tricks for caregivers, covering taboo topics not often talked about. She is also a contributing author of *Chicken Soup for the Soul: Navigating Elder Care and Dementia*. Her chapter depicts just one of the many sad nuances of Alzheimer's.

Lisa and Peter's journey has been covered on CNN, The Washington Post, Today.com, CBS Evening News, On the Road with Steve Hartman, People.com, and more.

Continuing her passion, she holds virtual Alzheimer's discussions with followers as well as private consultations, offering her insight, tips, and coping skills. Participants discuss their own unique stories and realize a sense of community together in a safe space.

She works with companies that offer continuing education credits to medical professionals helping them to understand the disease. Lisa shares tips she's learned to help professional caregivers cope which ultimately helps their Alzheimer's patients.

Lisa works closely with the Alzheimer's Association and led a team with Walk to End Alzheimer's helping fund research to find a cure. Her team was the largest fundraising team in CT in 2021, raising more than \$55,000.

When Lisa isn't writing, she spends time with her family. She has three grown children, two stepchildren, and two grandsons who she babysits whenever she can.

Additionally, she enjoys a very active life hiking, swimming in the neighborhood lake, going to the beach, visiting with friends, traveling, and gardening. Lisa practices meditation and vibrates positive energy and love to everyone she meets. Her mantra is to find joy in life and live each day with no regrets.

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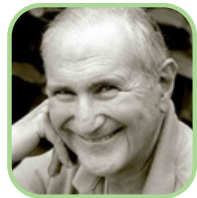
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PRESENTERS:



Sade Thompson,
LMSW CDACCT,
CDP

Sade Thompson is an LMSW CDACCT, CDP in the Pennsylvania area. Over the past decade Sade has worked in the gerontology and behavioral health industry with a focus in memory care, and mental health. Over the past five years Sade presented training on various memory care models and helped with development of Memory Care in a private CCRC community. In Sade's free time she enjoys spending time with her family and friends.



Marv Weisbord,
Author, Speaker

Marv Weisbord started his career studying journalism in college and became a professional writer. Up until the early 70's he wrote articles for periodicals such as the *New York Times Magazine*, *Family Circle*, *True*, *Sports Illustrated*, *Kiwanis*, *Reader's Digest*, *Coronet*, *The New Republic*, and *The Progressive*. He also published *Campaigning for President* (Public Affairs Press, 1962, Washington Square Press paperback, 1965) and *Some Form of Peace* (Viking, 1967), a book of adventure stories of activists associated with the American Friends Service Committee. He has been a member of the American Society of Journalists and Authors since 1962.

Marv was an associate editor of *The Journal of Applied Behavioral Science* from 1972 to 1978. He has written for that journal and many others including *Health Care Management Review*, *Group and Organization Studies* and *Organizational Dynamics*. He is the author of *Organizational Diagnosis* texts in dozens of colleges and universities. He conceived and co-authored *Discovering Common Ground* (Berrett-Koehler, 1992), which traces the theory and development of Future Search and related planning events around the world. He is also the co-author with Sandra Janoff of *Future Search: An Action Guide* (Berrett-Koehler, 2nd ed., 2000).

Marv joined Peter Block and Tony Petrella in the early 70's in what became the consulting firm Block Petrella Weisbord and the training company Designed Learning. They did about 100 major projects working with many different companies. He did several projects involving the restructuring of factories, offices, and in a few cases whole corporations. Most of this work he reported in his books *Productive Workplaces* (1987) and *Productive Workplaces Revisited* (2004). Marv was also the co-founder of Bluesky Productions with Allan Kobernick and Sandra Janoff in the 1980's and wrote or helped produce more than 30 videotapes on workplace improvement, including the *Productive Workplaces Video Workshop* that was used by more than 100 companies. For 20 years Marv was a member of NTL Institute for Applied Behavioral Science where he ran T-groups and learning laboratories in organizational diagnosis, team building and consultation skills. Marv trained many consultants in Sweden and Norway starting in 1975 and was a Visiting Research Scientist working with Max Elden at the Norwegian Institute of Technology, Trondheim, in 1987.

Marv's academic training and early work experience was in journalism and the social sciences. He is a graduate of the University of Illinois (BS 1953) and the State University of Iowa (MA 1955) and he also did graduate work at the University of Pennsylvania (1959-61). He was a U.S. Navy Journalist (1955-57) and an instructor in journalism at Penn State (1957-59).



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PRESENTERS:



Alex Glazebrook,
MSW, PhD

As VP of Program Operations, Alex Glazebrook is responsible for ensuring an outstanding experience for the older adults who participate in the many training and support programs that OATS (Older Adults Technology Services) offers. Alex hires, assigns, and manages the team of OATS trainers who collectively deliver thousands of hours of live instruction to groups of seniors each year at dozens of program sites.

In addition, Alex leads the organization's efforts to identify and assess existing and emerging technology in order to determine its suitability for inclusion in OATS programming, and is charged with developing new technology-based channels through which OATS can deliver its services. Alex earned a BA, MSW, and PhD from Stony Brook University, specializing in healthcare, with a focus on aging, investigating the many ways in which technology influences health outcomes for older adults.

Prior to joining OATS, Alex had a brief stint in the financial services industry before finding his true calling aiding the underserved. When not at OATS, you can find Alex competing in marathons, caring for his temperamental English Bulldog, or contending with the rigors of academia.



Chris Millett,
MM, MT-BC

Chris Millett, MM, MT-BC, is an Assistant Professor of Music Therapy at the University of Louisville. As a music therapy clinician and educator, Chris identifies from a Community Music Therapy (CoMT) - eclectic theoretical orientation. After nearly a decade, his clinical experience includes a wide range of populations including adolescents in group residential care, pediatric and adult medical populations, addiction recovery, senior living and memory care, exceptional education communities, neurodivergent populations, and more. As clinical and administrative coordinator of a non-profit community music therapy clinic, Chris also has experience in securing grant and philanthropy funding to serve marginalized communities.

Chris has a wide range of music therapy, music technology, and audio engineering experience and enjoys regularly teaching on those topics at regional, online-based, and national conferences. Of primary teaching interest to Chris is the use of electric and acoustic guitar in therapy, expanding music therapists' music tech literacy (e.g. effects pedals, audio engineering, synthesizers, etc.), and increasing clinical musicianship. Outside of direct clinical work, Chris hosts the podcast / media series *Make More Music* on podcast platforms and YouTube. He has collaborated with many top electric guitar effects companies including Chase Bliss, JHS Pedals, Wampler Pedals, Caulfield Cables, Yamaha, Jamstik, Pedaltrain, Truetone, Strymon Engineering, and more.

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