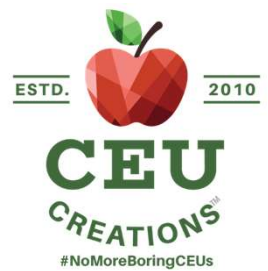


# Mental Health Treatment for Adolescents



- Many different modalities discussed, specific to treating adolescents

- A full day of tools, video demonstrations, and case studies geared towards treating adolescents

Friday, March 22, 2024 | 9:00 AM – 3:00 PM ET

**Live Stream Series (Online Synchronous Training)**

**\$74.99 Early Bird Registration**

*After March 8<sup>th</sup> registration is \$84.99*



Please scan QR Code or register online at

[www.ceucreationsinc.com](http://www.ceucreationsinc.com)

## 5 CREDIT HOURS APPROVED FOR:

- **Social Workers**  
ASWB ACE – 5 CE Credits  
New York State Education Department's State Board for Social Work – 5 Contact Hours
  - **Case Managers**  
CCMC – 5 Contact Hours
  - **Nurses**  
California Board of Registered Nursing – 5 Contact Hours
  - **Counselors**  
NBCC ACEP – 5 Contact Hours  
NY State Education Department's State Board for Mental Health Practitioners – 5 Contact Hours
- \* Some states do not recognize Ethics Hours for Counselors. In those cases, Contact Hours will be awarded.

*Attendance or applied credit certificate available for other credentials. Please make sure to check with your own state board to ensure transferability of CE credit.*

## PRESENTED BY:



### Diane Bigler, LCSW, LSCSW

Diane Bigler, LCSW, LSCSW, is a Licensed Clinical Social Worker in Missouri and Kansas. She has over 20 years of experience in the social services field. Diane has held positions as a therapist (in-home and outpatient), private practice owner, trainer/facilitator, clinical supervisor, and Professor of Social Work. She also has experience in corporate wellness training and coaching. Diane is most passionate about providing quality educational trainings to professionals. She enjoys spoiling her four Dachshunds and anything 80's related.

**Diane Bigler, LCSW, LSCSW**

Owner of Diane Bigler Therapy Services, Inc.

*Thank you to the generous support of our sponsors!*



*Additional information for each sponsor can be found in the 2024 CEU Creations Georgia Supporter Directory that will be provided to each registrant.*

*For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Patty Tucker at [patty@ceucreationsinc.com](mailto:patty@ceucreationsinc.com) or 770-880-9873.*

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# Mental Health Treatment for Adolescents



## AGENDA

<b>8:45 AM – 9:00 AM:</b>	Log In and Virtual Networking
<b>9:00 AM – 10:20 AM:</b>	Mental Health Treatment for Adolescents– Diane Bigler, LCSW, LSCSW, Owner of Diane Bigler Therapy Services, Inc.
<b>10:20 AM – 10:30 AM:</b>	<i>Break</i>
<b>10:30 AM – 12:00 PM:</b>	Mental Health Treatment for Adolescents– Diane Bigler, LCSW, LSCSW
<b>12:00 PM – 12:40 PM:</b>	<i>Lunch Break and Sponsor Spotlight</i>
<b>12:40 PM – 1:50 PM:</b>	Mental Health Treatment for Adolescents– Diane Bigler, LCSW, LSCSW
<b>1:50 PM – 2:00 PM:</b>	<i>Break</i>
<b>2:00 PM – 3:00 PM:</b>	Mental Health Treatment for Adolescents– Diane Bigler, LCSW, LSCSW

Do you work with adolescents and are searching for valuable perspectives and tangible mental health interventions? Adolescents require unique therapeutic engagement and relational strategies to ensure maximum treatment engagement and success. This training will begin with a summary of adolescent psychosocial development, elements of clinical case conceptualization, and present key recommendations for increasing engagement with this age group. The use of Motivational Interviewing skills will be highlighted to encourage MI skill-based dialogue with youth around substance use. Practical clinical interventions to address anxiety and mood disorders will be presented from the therapeutic models of CBT, DBT and ACT. Video demonstrations and case studies will encourage learners to evaluate best practices in mental health treatment for adolescents and provide a wide range of therapeutic options to use immediately with this group.

### BY THE END OF THE SESSION, THE PARTICIPANT WILL BE ABLE TO:

- Discover a broad understanding of adolescent mental health issues and influences of psychosocial development on substance use, anxiety, and depression.
- Explain how the spirit of Motivational Interviewing enhances adolescent engagement around discussions related to substance use.
- Recognize the unique treatment needs of each adolescent client to formulate treatment strategies and interventions.
- Plan and implement intervention strategies that are evidenced-based, stress practicality, and engage the adolescent client.
- Name at least five concrete clinical therapeutic interventions that are appropriate and recommended for use with adolescent clients.

*Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is not required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.*

**In order to receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.**

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: [11/22/21-11/22/24]. Social workers completing this course receive 5 Clinical continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 5 contact hours.

**NURSES:** 5 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

**COUNSELORS:** 5 Contact Hours



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 5 contact hours.

**Cancellation Policy:** Registrants must cancel via email or phone at [patty@ceucorationsinc.com](mailto:patty@ceucorationsinc.com) or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date.