



Artful Healing: The Power of Therapeutic Doodling



• Carin Channing, LCSW, Certified Living Inquiries Facilitator, Somatic and Mindfulness-based Therapist, and Author

• A Creative Therapeutic Approach for Professionals and Clients

Tuesday, March 19, 2024

11:45 AM – 1:00 PM ET

Live Stream Series (Online Synchronous Training)

Complimentary CE Event for Emory Hospital System

\$15 for Non-Emory attendees

Please register online at
www.ceucreationsinc.com



1 CREDIT HOUR APPROVED FOR:

- **Social Workers**
ASWB ACE – 1 CE Credit
New York State Education Department's State Board for Social Work – 1 Contact Hour
- **Case Managers**
CCMC – 1 Contact Hour
- **Nurses**
California Board of Registered Nursing – 1 Contact Hour
- **Counselors**
NBCC ACEP – 1 Contact Hour
New York State Education Department's State Board for Mental Health Practitioners – 1 Contact Hour

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

PRESENTED BY:



Carin Channing, LCSW, Certified Living Inquiries Facilitator, Somatic and Mindfulness-based Therapist, and Author

Carin Channing, LCSW, is a speaker, trainer, author, and therapist whose therapeutic doodling books and teachings have reached into schoolrooms, prisons, architecture firms, state parks, and other institutions. Southwest Airlines developed a doodling program based on Carin's work. With over 17 years in the field, her focus is on practical tools, melding mindfulness, neuroscience, and creativity. Creator of *The Therapy Booth* (like Lucy from Peanuts), *Doodle Outreach* (Connecting the World through Simple Creativity), and other interactive public art projects, Carin leads people in the experience of living from their authentic, all-inclusive spirits. Carin has led programs for participants all over the world and continues to be surprised by the simple, fun, and exciting efficacy of her tools. Carin Channing is the author of *365 Days of Doodling: Discovering the Joys of Being Creative Every Day* (2015, Intentional Publishing) and *Doodle Book Junior – 101 Creative Prompts for Kids* (2016, Intentional Publishing).

Thank you to the generous support of our sponsors!



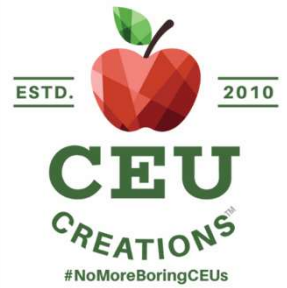
Additional information for each sponsor can be found in the 2024 CEU Creations Georgia Supporter Directory that will be provided to each registrant.

For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Patty Tucker at patty@ceucreationsinc.com or 770-880-9873.

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AGENDA

11:45 AM - 12:00 PM: Log In and Virtual Networking

12:00 PM - 1:00 PM: Presentation

1:00 PM: Closing/Evaluation

Embark on a transformative journey of self-discovery that is both relaxing and energizing. In this engaging session, participants will explore the therapeutic benefits of doodling, unlocking a pathway to mindfulness and stress relief. Guided by the creator of Therapeutic Doodling, you'll learn to channel your thoughts and emotions into creative expressions on paper, fostering a sense of calm and mental well-being. No artistic experience is necessary – just bring an open mind and a willingness to embrace the healing potential of doodling in this empowering and rejuvenating hour of self-care.

Please note this event will be a meeting format in Zoom which allows you to turn on your camera.

BY THE END OF THE SESSION, THE PARTICIPANT WILL BE ABLE TO:

- Summarize doodling as a tool for self-expression and stress relief
- Discover mindfulness through doodling, engaging in the present moment to reduce stress and enhance mental clarity
- Demonstrate therapeutic doodling skills into their daily lives, personally and professionally, by applying practical techniques and insights for ongoing stress reduction and improved well-being

Course Interaction and Technical Requirements: This Zoom Meeting is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is not required. You will receive an email approximately 24 hours prior to the start of the event with a link to the Zoom Meeting.

In order to receive credit, you must log in on time, attend the entire presentation, and complete an evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, counselors, discharge planners, nurses and other healthcare professionals.

SOCIAL WORKERS: CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: [11/22/21-11/22/24]. Social workers completing this course receive 1 General continuing education credit.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 1 contact hour.

NURSES: 1 Contact Hour - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

COUNSELORS: 1 Contact Hour



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 1 contact hour.

All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

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