

# Aging and End-of-Life: Thoughts from a Hospice Nurse



## FEATURING:

- Gabrielle Jimenez, LVN, CHPLN, Hospice Nurse, End of Life Doula, Author, Educator, and Founder of the Hospice Heart with over 143,000 followers
- Valuable tips and tools, and using rituals to provide comfort and heal

Thursday, May 16, 2024

5:45 PM ET – 8:15 PM ET

**Live Stream Series  
(Online Synchronous Training)**

**Complimentary CE Event  
courtesy of CarePatrol**

Space is limited.  
Please scan QR code or  
register online at:

<https://bit.ly/5162024>



## 2 CREDIT HOURS APPROVED FOR:

- **Social Workers**  
ASWB ACE – 2 CE Credits  
New York State Education Department's State Board for Social Work – 2 Contact Hours
- **Case Managers**  
CCMC – 2 Contact Hours
- **Nurses**  
California Board of Registered Nursing – 2 Contact Hours
- **Counselors**  
NBCC ACEP – 2 Contact Hours  
New York State Education Department's State Board for Mental Health Practitioners – 2 Contact Hours
- **Long Term Care Administrators**  
NAB/NCERS – 2 Participant Hours (Pending)

*Attendance or applied credit certificate available for other credentials.  
Please make sure to check with your own state board to ensure transferability of CE credit.*

## PRESENTED BY:



**Gabrielle Jimenez,**  
LVN, CHPLN, Hospice  
Nurse, End-of-Life  
Doula, Author and  
Educator, founder of  
The Hospice Heart

Gabrielle “Gabby” Jimenez is a hospice nurse, an end-of-life doula, and a conscious dying educator. She has written four books, writes a weekly blog, and has a hospice Facebook page which has 143,000 followers. Her focus is on trying to change the culture relative to death and dying; helping others to feel more comfortable talking about death. And while she sees a lot of death, what she really finds joy in, is her lessons, which are about love, life, culture, tradition, and faith. She combines her experience as a hospice nurse with her in-depth doula training to help her to be more present at the bedside, bringing both patient and family together at that intimate moment of death. She teaches courses on end-of-life care which are helpful to anyone who works in this field, offering guidance to someone who is navigating or caring for someone who has a terminal illness. She also teaches two Ritual & Ceremony classes; one that focuses on grief and loss, and another that focuses on forgiveness of self and others. The legacy she hopes to leave behind is that she helped improve the way people are cared for when they die, and that she inspired others to do this work well.

This event is generously sponsored by:



For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Patty Tucker at [patty@ceucreationsinc.com](mailto:patty@ceucreationsinc.com) or 770-880-9873.

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# Aging and End-of-Life: Thoughts from a Hospice Nurse

## AGENDA

5:45 PM ET – 6:00 PM ET:	Log in and Virtual Networking
6:00 PM ET – 8:00 PM ET:	Presentation
8:00 PM ET – 8:15 PM ET:	Door Prizes

Helping professionals (social workers, counselors, case managers, nurses and the like) often work with both clients and their care partners in navigating the complex challenges around aging and end-of-life. So many different dilemmas can arise where a helping professional may need to intervene - dilemmas around autonomy vs safety, preserving dignity, advocacy and much more. Hospice nurse and author Gabby Jimenez will be sharing her expertise on these different situations. How do you preserve a client's independence while also keeping them safe? How do you set realistic expectations around the possible decline so that both the client and care partner understand the changes physically, mentally and emotionally that are to come? How do you prepare and plan for these changes so that the client is safe and the care partner is not overwhelmed? What about managing different family dynamics during this emotional time? In addition, how do you cope with the grief throughout this process from the loss of independence to the loss of a loved one for the care partner? Don't miss this informative training where you will learn practical, firsthand information to share with your clients and their care partners.

### BY THE END OF THIS SESSION, THE PARTICIPANT WILL BE ABLE TO:

1. Identify at least two dilemmas or challenges that could arise in an aging client and how to effectively intervene and create a safe long range care plan.
2. Restate ways to have difficult conversations with the client and care partner around planning for physical, mental and emotional declines.
3. Summarize some of the different family dynamics and grief/loss that the client and family may be dealing with and different ways to help them cope.

*Course Interaction and Technical Requirements:* This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

***In order to receive credit, you must login on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 7-10 business days.***

Target audience: Social workers, case managers, discharge planners, nurses, counselors, long term care administrators, and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: [11/22/21-11/22/24]. Social workers completing this course receive 2 General continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 2 contact hours.

**NURSES:** 2 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP17905. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

**COUNSELORS:** 2 Contact Hours



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 2 contact hours.

**Long Term Care Administrators:** This program has been submitted for consideration for Continuing Education credits by NAB/NCERS, but is not yet approved. For more information, contact Patty Tucker at [patty@ceucorationsinc.com](mailto:patty@ceucorationsinc.com).

**Cancellation Policy:** Registrants must cancel via email or phone at [patty@ceucorationsinc.com](mailto:patty@ceucorationsinc.com) or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted.