

# The Caring and Compassionate Human: Teaching Kindness and Empathy to People of All Ages



- Strategies and practical tips for teaching kindness, compassion and empathy

- Featuring Daniel Gill, Teacher with over 30 years of experience

Friday, April 12, 2024 | 9:00 AM – 3:00 PM ET

**Live Stream Series (Online Synchronous Training)**

**\$74.99 Early Bird Registration**

*After March 29<sup>th</sup> registration is \$99.99*

Please scan QR Code or register online at

[www.ceucreationsinc.com](http://www.ceucreationsinc.com)



## 5 CREDIT HOURS APPROVED FOR:

- **Social Workers**  
ASWB ACE – 5 Ethics CE Credits  
New York State Education Department's State Board for Social Work – 5 Contact Hours
- **Case Managers**  
CCMC – 5 Ethics Hours
- **Nurses**  
California Board of Registered Nursing – 5 Contact Hours
- **Counselors** 5 Ethics Hours or 5 Contact Hours\*  
NBCC ACEP – 5 Contact Hours  
New York State Education Department's State Board for Mental Health Practitioners – 5 Contact Hours

\*Not all states accept/require Ethics hours for counselors, in those cases Contact Hours will be awarded.

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

## PRESENTERS:



**Jessica Patterson, LMSW, DSW**  
CEU Creations Educational  
Manager



**Daniel Gill**  
Author and Teacher with over 30  
years of experience

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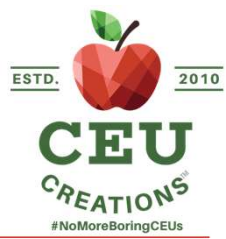


*Additional information for each sponsor can be found in the 2024 CEU Creations Georgia Supporter Directory that will be provided to each registrant.*

*For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Patty Tucker at [patty@ceucreationsinc.com](mailto:patty@ceucreationsinc.com) or 770-880-9873.*

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## AGENDA

<b>8:45 AM – 9:00 AM:</b>	Log In and Virtual Networking
<b>9:00 AM – 10:30 AM:</b>	Breaking Down Kindness and Compassion - <b>Jessica Patterson, LMSW, DSW</b> (includes 10-minute break)
<b>10:30 AM – 12:00 PM:</b>	Breaking Down Empathy - <b>Jessica Patterson, LMSW, DSW</b>
<b>12:00 PM – 12:40 PM:</b>	<i>Lunch and Sponsor Spotlight</i>
<b>12:40 PM – 2:00 PM:</b>	Practical Strategies for Teaching Kindness and Empathy - <b>Jessica Patterson, LMSW, DSW</b> (includes 10-minute break)
<b>2:00 PM – 3:00 PM:</b>	Practical Strategies for Teaching Kindness and Empathy - <b>Daniel Gill, Teacher, Author</b> (pre-recorded)

### BY ATTENDING OUR WORKSHOP, YOU WILL BE ABLE TO:

- Examine ways to encourage compassion, empathy, and kindness
- Identify three types of empathy
- Describe the key elements of empathy
- Give examples of strategies that can be used to teach kindness and empathy in children and adults
- Summarize the benefits of being compassionate and empathetic and how it is connected to our professional ethical code

Bullying has always been an issue in our society and that has not changed even in 2023. In fact, some would say the prevalence of social media has made it more common. The latest statistics show that 73% of students say they have been bullied in their lifetime, and 44% say it has happened in the past 30 days. With 95% of teenagers connected to the internet and 85% of them on social media, cyberbullying is a widespread societal issue. The issue of bullying doesn't just affect kids though; adults are also subject to face-to-face bullying and cyberbullying, although it may be called harassment or stalking. In order to see these statistics decrease, there needs to be an emphasis on teaching kindness and empathy and not just expecting it. This training will focus on explicitly teaching kindness and empathy to children and adults of all ages. Helping professionals will gain knowledge on how to intentionally focus on kindness and empathy in a variety of settings. Our professional ethical code will also be discussed throughout the day, pertaining to kindness, compassion, and empathy. Participants will leave with strategies for children and adults and hear from an experienced teacher on how he intentionally teaches kindness and empathy in the classroom.

*Course Interaction and Technical Requirements:* This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

**In order to receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.**

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: [11/22/21-11/22/24]. Social workers completing this course receive 5 Ethics continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 5 contact hours.

**NURSES:** 5 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP17905. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

**COUNSELORS:** 5 Ethics Hours or 5 Contact Hours:



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 5 contact hours.

**Cancellation Policy:** Registrants must cancel via email or phone at [patty@ceucorationsinc.com](mailto:patty@ceucorationsinc.com) or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date.

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## PRESENTER BIOS:



**Jessica Patterson, LMSW, DSW**, Educational Manager, CEU Creations

Jessica Patterson is a licensed social worker with over ten years of experience working in different systems. Jessica has a strong passion for teaching, training, and professional development. She also has a strong background around creating trauma informed systems, social emotional behavioral health and the implementation of community and individual support systems.

Jessica has created and facilitated many professional development trainings throughout her career. Jessica's role at CEU Creations includes developing curriculum, working with licensure boards, and presenting at various CE trainings.

Jessica holds a Bachelor's degree in organizational management and sociology from Ashford University. She received her Master's in Social Work from University of Iowa and her Doctoral degree in Social Work from Capella University. Jessica is a licensed Social Worker through the state of Iowa. Jessica currently lives in Iowa with her husband, four children, two dogs, and cat. Any spare moment that Jessica has is usually spent running or reading.



**Daniel Gill**, Teacher, Author

Daniel Gill was born and raised in New York City. He graduated from Iona College with a B.A. in psychology. He served in Vista, the national peace corps. During this time, he counseled young inmates at Rikers Island Prison. He attended Columbia University and graduated with a master's degree in urban education and curriculum.

Mr. Gill came to the Montclair School System in September of 1970. This is his 52nd year teaching. He was part of the committee to redesign the middle schools of Montclair in order to desegregate the schools to comply with a court order. In 1984, he led the adoption of Glenfield as a peace site. In 1996, he coordinated the centennial of Glenfield School. In 2004, Mr. Gill and his students wrote a book on the history of Glenfield. It celebrated the Brown vs Board of Education ruling and its effect on desegregating the Montclair Public Schools. The focus of the book was to look at Glenfield as a microcosm of that decision.

Mr. Gill has served in the Upward Bound Program at Seton Hall University for 40 years. This program serves high school students from East Orange, Newark and Irvington, New Jersey, and provides them with academic and counseling services with the intent of getting them into a college or university upon graduation from high school. Mr. Gill was the recipient of the Robert Merrill Scholar Award from Cornell University and was awarded with the Euphema Lofton Haynes Award from the Montclair NAACP. He is part of a recent documentary entitled "The One That Got Away" that dealt with one of his students and how he fell into the gang culture, his subsequent arrest and imprisonment. This year Mr. Gill served on the committee that organized the celebration of Glenfield's 125th anniversary. Mr. Gill is the proud father of three children who all graduated from Montclair High School and he enjoys spending time with his six grandchildren and wife, Michelle, who has always provided him with support and encouragement.