

Dual Perspectives on Trauma: Exploring Post-Incarceration Syndrome and Presence Psychotherapy



FEATURING:

- Cutting edge approaches to trauma intervention in this dual focused training
- Evidence-based strategies for addressing Post-Incarceration Syndrome alongside transformative practices of Presence Psychotherapy

Friday, September 6, 2024

9:00 AM – 3:00 PM ET

**Live Stream Series
(Online Synchronous Training)**

\$74.99 Early Bird Registration

After August 23rd Registration is \$99.99



Space is limited.

Please scan QR code or
register online at
www.ceucreationsinc.com

5 CREDIT HOURS APPROVED FOR:

- **Social Workers**
ASWB ACE – 3 Clinical and 2 Ethics CE Credits
New York State Education Department's State Board
for Social Work – 5 Contact Hours
- **Case Managers**
CCMC – 5 Contact Hours
- **Nurses**
California Board of Registered Nursing – 5 Contact
Hours
- **Counselors** – 3 Contact and 2 Ethics Hours or 5
Contact Hours*
NBCC ACEP – 5 Contact Hours
NY State Education Department's State Board for
Mental Health Practitioners – 5 Contact Hours

**Some states do not require/accept ethics hours for counselors, for
those cases contact hours will be awarded.*

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

PRESENTED BY:



**Nicole Wiesen, PhD,
MSW, CCTS-I**



**Michelle Lepak, LCSW,
psychotherapist, meditator
and trauma expert**

Thank you to the generous support of our sponsors!



*Additional information for each sponsor can be found in the
2024 CEU Creations Georgia Supporter Directory that will be provided to each registrant.*

For more information on the course, accommodations for disability, grievances, or any other concerns, please contact
CEU Creations via Patty Tucker at patty@ceucreationsinc.com or 770-880-9873.

Copyright 2024 – CEU Creations | www.ceucreationsinc.com

Dual Perspectives on Trauma: Exploring Post-Incarceration Syndrome and Presence Psychotherapy



AGENDA

| | |
|-----------------------------------|--|
| 8:45 AM ET – 9:00 AM ET: | Log in and Virtual Networking |
| 9:00 AM ET – 11:40 AM ET: | Trauma-Informed Care and Post-Incarceration Syndrome - Nicole Wiesen, PhD, MSW, CCTS-I. (includes a 10-minute break) |
| 11:40 AM ET – 12:20 PM ET: | Lunch and Sponsor Spotlight |
| 12:20 PM ET – 3:00 PM ET: | Presence Psychotherapy: Introduction to a spiritually based trauma treatment model Michelle Lepak, LCSW , psychotherapist, meditator and trauma expert (includes a 10-minute break) |
| 3:00 PM ET: | Closing/Evaluations |

This full day training offers a dual exploration into trauma-informed care and Presence Psychotherapy, each addressing distinct yet interconnected aspects of healing. With approximately 1.9 million people incarcerated in the United States, the training delves into trauma's impact within the criminal justice system, focusing on Post-Incarceration Syndrome (PICS) and strategies for providing effective care during the transition from incarceration to community life. Concurrently, participants will delve into Presence Psychotherapy, an integrative approach rooted in spirituality, internal inquiry, and relational attunement aimed at helping clients transcend trauma and access their inner resources for healing. Through didactic presentations, experiential practice, and live demonstrations, this training equips helping professionals with the skills and knowledge needed to navigate both realms of trauma intervention.

BY THE END OF THE SESSION, THE PARTICIPANT WILL BE ABLE TO:

1. Identify characteristics of Post-Incarceration Syndrome (PICS)
2. Discover the impact of trauma on individuals involved with the criminal justice system
3. Describe an evidence-based practice that helping professionals can utilize when working with an individual who has been incarcerated
4. Identify Four Dimensions of Presence Awareness and how each is helpful in psychotherapy
5. Describe how to utilize a client's existing Spirituality during trauma processing
6. Explain how Presence Orienting and Reflective View can reduce anxiety, depression and improve well-being

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is *not* required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must log in on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals.

SOCIAL WORKERS: CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: 11/22/21-11/22/24. Social workers completing this course receive 5 total credits including 2 Ethics and 3 Clinical continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 5 Contact hours.

NURSES: 5 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP17905. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

COUNSELORS: 2 Ethics and 3 Contact Hours



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 5 contact hours.

Cancellation Policy: Registrants must cancel via email or phone at patty@ceucreationsinc.com or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted.

Dual Perspectives on Trauma: Exploring Post-Incarceration Syndrome and Presence Psychotherapy

PRESENTER BIOS:



Nicole Wiesen, PhD, MSW, CCTS-I

Nicole Wiesen, PhD, MSW, CCTS-I, is a dedicated professional serving as the Regional Coordinator for the Multifaith Initiative to End Mass Incarceration. With a passion for justice and advocacy, Nicole actively champions the rights of currently and previously incarcerated individuals, as well as their families. In her role, she collaborates with faith communities across Georgia, fostering a collective commitment to creating beloved and accepting spaces. Through these partnerships, Nicole strives to establish communities that warmly embrace returning citizens, facilitating a seamless transition into society. Her work not only addresses the challenges of mass incarceration but also seeks to promote understanding, compassion, and support for those affected by the criminal justice system. Nicole Wiesen is an invaluable asset to the Multifaith Initiative, embodying a steadfast commitment to social change and community resilience.



Michelle Lepak, LCSW

Michelle Lepak, LCSW, psychotherapist, meditator and trauma expert, developed the Presence Psychotherapy trauma treatment model and ORBITS for Everyone process. She has published in the *Journal of Integrative Psychotherapy*, *the International Journal of Trauma Care*, *the Journal of Hospital and Community Psychiatry*. Michelle served as clinical associate faculty at the University of Pennsylvania's Department of Psychiatry. She has trained in many trauma models and taught clinicians trauma therapy at Rutgers University, The Omega Institute, The National Institute for the Psychotherapies (NIP), and the Training Institute for Mental Health.