# **Deepening Understanding: Advanced Enneagram Applications** for Helping Professionals



- Enneagram tool
- A day of self-awareness and discovery as we explore the
   Practical applications of the Enneagram as you work with clients, patients, and any other adults

Friday, October 25, 2024 | 9:00 AM – 3:00 PM ET

**Live Stream Series (Online Synchronous Training)** 

### \$74.99 Early Bird Registration

After October 11th registration is \$99.99

Please scan QR Code or register online at

www.ceucreationsinc.com



#### **5 CREDIT HOURS APPROVED FOR:**

for Social Work - 5 Contact Hours

- **Social Workers** ASWB ACE – 5 CE Credits New York State Education Department's State Board
- **Case Managers** CCMC - 5 Contact Hours
- California Board of Registered Nursing 5 Contact Hours
- **Counselors** NBCC ACEP - 5 Contact Hours New York State Education Department's State Board for Mental Health Practitioners - 5 Contact Hours

Attendance or applied credit certificate available for other credentials.

Please make sure to check with your own state board to ensure transferability of CE credit.

#### PRESENTERS:



Christy Bonner, LMFT, M. Div, **Doctor of Ministry** Private Practitioner and Co-host of Enneagram+Yoga Podcast



Yekaterina (Kat) Smith, E-RYT® 500, YACEP® Co-host of Enneagram+Yoga **Podcast** 

Thank you to the generous support of our sponsors!





Additional information for each sponsor can be found in the 2024 CEU Creations Georgia Supporter Directory that will be provided to each registrant.

For more information on the course, accommodations for disability, grievances, or any other concerns, please contact CEU Creations via Patty Tucker at patty@ceucreationsinc.com or 770-880-9873.

### Deepening Understanding: Advanced Enneagram Applications for Helping Professionals



AGENDA	
8:45 ам – 9:00 ам:	Log In and Virtual Networking
9:00 AM - 11:00 AM:	Subtypes, Talk Styles and Meditation Practices  Christy Bonner, LMFT, M. Div, Doctor of Ministry, Private Practitioner and Co-host of Enneagram+Yoga Podcast (includes 10 minute break)
11:00 АМ - 12:00 РМ:	Shame and the Enneagram Christy Bonner, LMFT, M. Div, Doctor of Ministry
12:00 РМ - 12:40 РМ:	Lunch and Sponsor Spotlight
12:40 рм - 3:00 рм:	Defense Mechanisms, Relationships and the Enneagram, and Journaling Exercises for Each Enneagram Type & Questions  Yekaterina (Kat) Smith, E-RYT® 500, YACEP®, Co-host of Enneagram+Yoga Podcast (includes 10 minute break)
3:00 рм:	Closing and Evaluation

This advanced training delves deeper into the complexities of the Enneagram system and its application in the practice of helping professionals. Building upon foundational knowledge, participants will explore nuanced aspects of the Enneagram, including subtypes, talk styles, relationships, shame, and defense mechanisms. This course will also cover journaling and meditation strategies for each Enneagram type tailored specifically to the needs of social workers, counselors, case managers, and nurses. Participants will gain practical insights into leveraging the Enneagram to enhance client engagement, facilitate personal growth, and foster more effective therapeutic relationships.

### BY ATTENDING OUR WORKSHOP, YOU WILL BE ABLE TO:

- Examine advanced Enneagram concepts, including subtypes and dynamic interactions between core types and wings in relationships.
- Identify Enneagram-based interventions and techniques to support clients in navigating challenges, fostering resilience, and promoting self-awareness.
- Analyze case studies illustrating the application of the Enneagram within diverse cultural contexts and client populations, fostering cultural humility and sensitivity.
- Develop strategies for integrating Enneagram insights into therapeutic frameworks, treatment planning, and interdisciplinary collaboration within healthcare and social service settings.
- Discover self-awareness and reflective practice among helping professionals through guided exploration of personal Enneagram dynamics and blind spots.

Course Interaction and Technical Requirements: This live webinar is fully interactive. Attendees may ask and answer questions throughout the presentation and participate in instructor-led discussions. A computer or mobile device is required. Zoom account is not required. You will receive an email approximately 24 hours prior to the start of the class with a link to the webinar.

In order to receive credit, you must login on time, attend the entire presentation, and complete an online evaluation within 30 minutes of the conclusion of the event. Attendance log and Zoom analytics will be reviewed by the CE Director. Certificates will be provided in approximately 5 business days.

Target audience: Social workers, case managers, discharge planners, nurses, counselors, and other healthcare professionals.

**SOCIAL WORKERS:** CEU Creations, #1239, is approved as an ACE provider to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE provider approval period: [11/22/21-11/22/24]. Social workers completing this course receive 5 General continuing education credits.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0616. This activity is approved for 5 contact hours.

**NURSES**: 5 Contact Hours - CEU Creations is an approved provider of nursing CEs through the California Board of Registered Nursing. Provider number: CEP16563. All states retain their own licensing authority through their own boards. Please make sure to check with your own state board to ensure transferability of the CE credits.

COUNSELORS: 5 Contact Hours:



CEU Creations has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6941. Programs that do not qualify for NBCC credit are clearly identified. CEU Creations is solely responsible for all aspects of the programs.

CEU Creations, Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0199. This activity is approved for 5 contact hours.

Cancellation Policy: Registrants must cancel via email or phone at <a href="mailto:patty@ceucreationsinc.com">patty@ceucreationsinc.com</a> or 770-880-9873 (contacting other staff members/leadership does not guarantee your cancellation.) No faxes or mail cancellations will be accepted. Cancellation Fee: \$25- Refunds will not be given for cancellations within five (5) business days prior to the workshop date.

## Deepening Understanding: Advanced Enneagram Applications for Helping Professionals



### PRESENTER BIOS



**Christy Bonner, LMFT, M. Div, Doctor of Ministry**, Private Practitioner and Cohost of Enneagram+Yoga Podcast

Christy Bonner is a licensed marriage and family therapist, a certified yoga instructor, and a board-certified chaplain. Her educational background includes a Bachelor of Arts from Emory and Henry College, a Master of Divinity from Emory University, and a Doctor of Ministry from Louisville Presbyterian Theological Seminary. She has a private practice, teaches yoga and co-hosts the podcast, Enneagram+Yoga. In her free time, she enjoys hiking, antiquing, and spending time with her family, friends, husband, and daughter.



Yekaterina (Kat) Smith, E-RYT® 500, YACEP®, Co-host of Enneagram+Yoga Podcast

As a yoga teacher, Kat feels a deep passion for practicing and instruction. Yoga empowers her to find her inner strength both on and off my mat. It helps Kat live her life with mindfulness and joy, as well as reach a balance of a healthy body and a peaceful mind. Kat feels honored and overjoyed to share her love of yoga with each and every one of her students.

Kat is a graduate of the University of Tennessee Chattanooga. She holds an RYT 500 certification through Yoga Alliance and is the co-host of the Enneagram+Yoga podcast and is a Certified Teacher in the Enneagram Spectrum Method (accredited by the International Enneagram Association). Kat's website is www.theyogasmith.com

Kat lives on Signal Mountain and enjoys all her time spent with her husband Kevin and their two children, Olive and Reed. Namaste.